



COMMUNITY ROOM ACTIVE AGING ADULT PROGRAMMING MAY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Sewing Love: Power Pads 12:30 - 3:30 pm MahJong - STEM Room 1 - 4 pm	2 Derby Day: Decorate a hat 10 - 11 am Horse race game & mock mint juleps 11 am - 1 pm - Register with Theresa & Bring an appetizer MahJong 1 - 4 pm	3 Hike: Mertensia Road Park 10 - 11:30 am Beginner Euchre 11 am to Noon Euchre Noon to 4 pm
6 El Grupo de Español Conference Room 9:30 - 10:30 am AOA Committee Meeting 11:45 am - 1 pm Candy Bar Bingo 1 - 2:30 pm	7 Tea Party - Register with Theresa & bring a treat to share Noon to 1:30 pm Bridge 1:30 - 3:30 pm	8 Photo Journey to Harlem Netherlands with Barb and Judy 10:30 - 11:30 am MahJong - STEM Room 1 - 4 pm	9 Eastside Hiking Trail Meeting 10 - 11 am Painting with Pizzaz - \$5 & Register at Front Desk 10:30 am - 12:30 pm MahJong 1 - 4 pm	10 Smart phones with Matt: Androids doing more - Conference Room 10 - 11:30 am Beginner Euchre 11 am to Noon Euchre Noon to 4 pm
13 El Grupo de Español Conference Room 9:30 - 10:30 am Field Trip: Birding with Mary - Register with Theresa - Limited space available 8am to Noon	14 Aqua Group Breakfast 8 - 11:15 am Birding trip make up day - if needed Bridge 1:30 - 3:30 pm	15 Plant Exchange 10 am - 1 pm MahJong - STEM Room 1 - 4 pm	16 Field Trip to the MAG - Register with Theresa - \$16 pp Tour at 1 pm MahJong 1 - 4 pm	17 Watercolor Group in STEM Room - Register with Theresa if you're new 9:30 am - 12:30 pm Beginner Euchre 11 am to Noon Euchre Noon to 4 pm
20 El Grupo de Español Conference Room 9:30 - 11 am Craft: Suncatchers with Terie - \$5 pp & Register at Front Desk 10 am to Noon May Birthday Celebrations 12:15 - 12:45 pm	21 Hike: Highland Park - Meet at the Park 10 - 11:30 am Sewing Love Dresses and Dolls - Lunch provided 10 am to 2 pm Bridge 1:30 - 3:30 pm	22 Craft with Preschool Kids 9:30 - 11 am Painting with Christine - Register at Front Desk \$5 12:30 - 2 pm MahJong - STEM Room 1 - 4 pm	23 Day of Caring 9 am - 3 pm Book Club: Hester by Laurie Lico Albanese - STEM Room 11 am to Noon MahJong 1 - 4 pm	24 Come and travel to Dubai with Satish 10 - 11 am Beginner Euchre 11 am to Noon Euchre Noon to 4 pm
27 AOA programming closed for Memorial Day	28 Speaker: MVPT - Golf preparedness with Jon 10 - 11:30 am Bridge 1:30 - 3:30 pm	29 Spring into Summer at Camp! - Register at Front Desk for \$10 12:30 - 2:30 pm MahJong - STEM Room 1 - 4 pm	30 Crafting with Preschool Kids 9:30 - 11 am MahJong 1 - 4 pm	31 Cornhole 10 - 11 am Beginner Euchre 11 am to Noon Euchre Noon to 4 pm

Interested in MahJong instruction - contact Theresa

Questions? Please contact Theresa! 585-341-3067 or Theresa.Schliff@rochesterymca.org



EVENT DESCRIPTIONS

Derby Day

Come and have fun. We will be doing hat decorating from 10-11am we do have some available, you certainly can bring your own. From 11-1pm Sip some mint juleps while participating in our own derby racing. Sign up with Theresa to bring an appetizer.

Candy Bar Bingo

Come in and have a little bingo fun. Each participant is encouraged to bring their favorite candy bar.

Tea Party

Enjoy teatime, treats and great conversation! Bring a hat and a treat to share. Register with Theresa.

Eastside Hiking Trail

It's time to spruce up and add interest to our own hiking trail. Stop in from 10-11am to collaborate ideas.

Smartphone class

This class Matt will be demonstrating how to utilize your Android phones more efficiently.

Field Trip: Birding with Mary

We will be identifying the different birds including Warblers in the Braddock Bay area. We will leave Eastside Y at 8am. Register with Theresa. Space is limited. Wear appropriate clothing and boots are recommended. If you have binoculars, bring them as well. Programming will be from 8-12pm. Rain date 5/14/24 same time.

Aqua Group Breakfast

Gathering time for Aqua group classes. Interested in attend- contact Mo.

AOA plant exchange

Not sure what to do with those extra plants that grow in your garden, bring them in and share with other garden enthusiasts. Or are you looking to add something new to your garden stop in and see what is available.

Field Trip: Memorial Art Gallery.

Docent lead Artwork tour from 1-2pm Meet at the Museum. Cost is \$16.00 pp which is to be paid at the event. Please arrive 15minutes prior to 1pm Register with Theresa.

Suncatchers with Terie

Using different glass beads and wire create a one of a kind suncatcher. \$5.00 Register at the front desk.

Hike: Highland Park

Parking and restrooms at the Lilac Adventure Zone. 249 Highland Ave, Rochester, NY 14620.

Crafting with Preschoolers

We will be creating a nature inspired banner for the children to display for their upcoming graduation.

Day of Caring

Interested in volunteering to tidy up our exterior. Register with Theresa if participating- lunch will be provided.

Are you ready for Golf

Jon from MVPT will be presenting from 10-11:30am on how to get ready for that epic golf game this year.

Spring into Summer at camp

Register at the front desk \$10.00 pp for a catered meal by Salmon Creek, dessert, games to gear us up for an amazing summer!

Scan the QR code and join our YMCA AOA
Facebook group to stay updated
on all AOA Programming!



Email Theresa.Schliff@rochesterymca.org with any questions, interests, or talents