



## The YMCA of Greater Rochester

# Volunteer Application Form

### REQUIREMENTS TO BE A VOLUNTEER

- Minimum age of 14 (with proof of valid working papers) unless otherwise connected with a YMCA Service Program.
- School Age Child Care Volunteers must be 18 year of age.
- Complete Application and supply three references. Be willing to submit to a criminal background check if over 18 years of age.
- Review and sign off on Volunteer Handbook.
- Commit to attendance for a specified time period and complete volunteer hour log.

**Please return completed Application and return to the Member Service Desk or mail to the branch location where you would like to begin volunteering.**

#### **URBAN**

Chester F. Carlson MetroCenter Branch - 444 East Main Street, Rochester, NY 14604 - 585-325-2880  
Lewis Street Child Care Branch - 53 Lewis Street, Rochester, NY 14605 - 585-325-2572  
Maplewood Family Branch - 25 Driving Park Avenue, Rochester, NY 14613 - 585-647-3600  
Monroe Family Branch - 797 Monroe Avenue, Rochester, NY 14607 - 585-271-5320  
Southwest Family Branch - 597 Thurston Road, Rochester, NY 14619 - 585-328-9330

#### **EASTSIDE**

Bay View Family Branch - 1209 Bay Road, Webster, NY 14580 - 585-671-8414  
Eastside Family Branch - 1835 Fairport Nine Mile Point Road, Penfield, NY 14526 - 585-341-4000  
Southeast Family Branch - 111 E. Jefferson Road, Pittsford, NY 14534 - 585-385-4665  
Victor Active Family Center - 200 South High Street, Victor, NY 14564 - 585-742-4940

#### **WESTSIDE**

Northwest Family Branch - 730 Long Pond Road, Rochester, NY 14612 - 585-227-3900  
Westside Family Branch - 920 Elmgrove Road, Rochester, NY 14624 - 585-247-3501

#### **Camp Facilities**

Camp Arrowhead - 20 Arrowhead Road, Pittsford, NY 14534 - 585-383-4590  
Camp Cory - 140 East Lake Road Route 54, Penn Yan, NY 14527 - 315-536-3840  
Camp Gorham - 265 Darts Lake Road, Eagle Bay, NY 13331 - 315-357-6401  
Camp Northpoint - 249 North Greece Road, Hilton, NY 14468 - 585-392-9905

#### **ASSOCIATION OFFICE**

444 East Main Street, Rochester, NY 14604 - 585-546-5500

# VOLUNTEER APPLICATION

**The Definition of a YMCA Volunteer:** A YMCA Volunteer is defined as anyone who willingly gives time to help the YMCA accomplish its mission without receiving any compensation or special privileges of any kind from the YMCA.

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## PERSONAL INFORMATION

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Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_  
Number & Street City State Zip

Phone: (h) \_\_\_\_\_ (m) \_\_\_\_\_ E-Mail \_\_\_\_\_

Are you over the age of 14? Yes No \*If over the age of 18, must complete attached background check.

What is the best time to contact you: morning afternoon evening weekends

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Based on the Association's needs, the YMCA of Greater Rochester offers the following programs, services and activities where volunteer opportunities could exist. Please rank your area of interest (i.e. 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>). Volunteer opportunities for some of these sectors are now available.

_____ Fitness Classes	_____ School Aged Child Care
_____ Aquatics Fitness Classes	_____ Aquatics Instruction
_____ Camping-Outdoor Education	_____ Pre-School Programs
_____ Child Watch or Kids Club	_____ Youth Sports Classes
_____ Fundraising	_____ Iddy Biddy Sports
_____ Health & Wellness	_____ Special Events
_____ Member Service Center	_____ Yoga, Pilates, Strength Training
_____ Office Support	_____ Invest in Youth Campaign
_____ Special Events	_____ Other _____

YMCA Location choice(s): (In order of preference)

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

What interested you in becoming a YMCA of Greater Rochester volunteer?

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Please list special skills, hobbies, certifications, degrees, etc.

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Are you hoping to complete volunteer hours as part of a school requirement? Yes/No If yes, how many hours do you need to complete and by what date:

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**EDUCATION AND EMPLOYMENT HISTORY:**

Present Employment Position: \_\_\_\_\_ Employer Name: \_\_\_\_\_  
Employer Address: \_\_\_\_\_  
Duties: \_\_\_\_\_

Have you previously been involved with the YMCA?     Yes     No

If yes, where: \_\_\_\_\_ How: \_\_\_\_\_

High School: \_\_\_\_\_ (name) \_\_\_\_\_ (city/state)

College: \_\_\_\_\_ (name) \_\_\_\_\_ (city/state)

Dates Attended \_\_\_\_\_ Degree Granted \_\_\_\_\_

Do you have any health limitations of which we should be aware?    Yes     No

If yes, explain: \_\_\_\_\_

When are you available to volunteer:

- Monday                      am   afternoon   pm                       Saturday   am   afternoon   pm
- Tuesday                      am   afternoon   pm                      Sunday   am   afternoon   pm
- Wednesday                      am   afternoon   pm
- Thursday                                      am   afternoon   pm
- Friday                                      am   afternoon   pm

References:

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_ Relationship: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Signature of Applicant: \_\_\_\_\_ Date: \_\_\_\_\_

Thank you for completing this profile. We appreciate your interest in contributing your time and skills to the YMCA of Greater Rochester. We will be in contact with you within 14 days of receipt of this Application.

If you have any questions please contact your local YMCA Branch.

**PERSONAL CHECKLIST ON BACK**



# Volunteer Application Attachment

## Personal Checklist

To better match the talents of our volunteers with the opportunities we have, we've created a checklist to learn more about you. Please check off any appropriate areas:

SKILL	Interest In	Knowledge Of	Experience In	SKILL	Interest In	Knowledge Of	Experience In
ACE				Golf			
ACSM				Gymnastics			
Administrative				History			
AED				Lacrosse			
Aerobics				Law			
AFAA				Lifeguard			
Aquatics				Massage			
Archery				Mathematics			
Artistic				Musician			
Baking				NSCA			
Baseball				Nutrition			
Basketball				Orienteering			
Carpentry				Photography			
Cheerleading				Pilates			
Computers				Racquetball			
Cooking				RN or LPN			
Counselor				Rock Climbing			
CPR				Ropes Course			
Crafts				Sailing			
Dance				Science			
Drama				Sign Language			
EMT				Soccer			
Engineer				Synchronized Swim			
English				Tennis			
Equestrian				Track			
Fieldhockey				Translator			
First Aide				Interpreter			
Fitness				Volleyball			
Floorhockey				Yoga			
Football				Gardening			
Fundraising							