

**Bay View Family Y  
Gym Schedule  
Fall I SEPTEMBER 5 – OCTOBER 29**

**MONDAY**

**5-6AM** Open  
**6-7AM** Adult Basketball  
**7-8:10AM** Open  
**8:10-11:45AM** Group Ex  
**11:45-1:30PM** Adult Bball  
**1:30-3:30PM** Pickle ball  
**3:30-6:30PM** Open Gym  
**6:30-8:30PM** Adult Bball  
**8:30-10PM** Open

**TUESDAY**

**5-8:10AM** Open  
**8:10-11:45AM** Group Ex  
**11:45-1:30PM** Adult Bball  
**1:30-3:30PM** Pickleball  
**3:30-6:30** Open  
**6:30-10PM** Volleyball

**WEDNESDAY**

**5-6AM** Open  
**6-7AM** Adult Basketball  
**7-8:10AM** Open  
**8:10-11:45AM** Group Ex  
**11:45-1:30PM** Adult Bball  
**1:30-3:30PM** Pickle ball  
**3:30-4:15PM** Open  
**4:15-5:35PM** Youth Sports  
**5:35-6:45PM** Group Ex  
**6:45-9PM**  
Basketball:  
    ½ Adult  
    ½ Teen  
**9PM-10PM** Open

**THURSDAY**

**5-6AM** Open  
**6-7AM** Adult Basketball  
**7-8:10AM** Open  
**8:10-11:45AM** Group Ex  
**11:45-1:30PM** Adult Bball  
**1:30-4:30PM** Open  
**4:30-6PM** Youth Sports  
**6-10PM** Volleyball

**FRIDAY**

**5-6AM** Open  
**6-7AM** Adult Basketball  
**7-8:10AM** Open  
**8:10-11:45AM** Group Ex  
**11:45-1:30PM** Adult Bball  
**1:30-3:30PM** Open  
**3:30-6PM** Teen Basketball  
**6-8PM** Family Night  
**8-10PM** Open

**SATURDAY**

**7-8:30AM** Open  
**8:30-11:00AM** Youth Sports  
**11AM-1:30PM** Open  
**1:30-3:30PM** Pickleball  
**3:30pm-7PM** Open

**SUNDAY**

**8-10AM** Group Ex  
**10-12:30 PM** Adult Bball  
**12:30-4:30PM** Open  
**4:30-8PM** Volleyball

[Download our app to view updated schedules and receive notifications of closures. Search for YMCA of Greater Rochester.](#)

**\*Gym availability may change due to weather conditions AND special programming – see welcome center for more details.**

**\*Volleyball League times may change from session to session based on registration.**

**\*If nets are not setup please see our Welcome Center to gain access to the nets – please return the nets at completion of play.**

**YOUTH SPORTS INFO:**

\*Bay View Youth Sports are on Facebook! Visit [www.facebook.com/bvymcasports](http://www.facebook.com/bvymcasports) for youth sports information.

\*Youth Sports Hotline – Need answers for upcoming league's or practices try our hotline at 341-3229

**\*This schedule is subject to change without notice – should you have any questions please contact:**

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