



EASTSIDE FAMILY YMCA | March 24th - March 30th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
OPEN GYM Gym	5:00AM-7:30AM (Gym) 4:00PM-8:45PM (Gym)	5:00AM-7:30AM (Gym) 1:45PM-8:45PM (Gym)	5:00AM-7:30AM (Gym) 10:45AM-11:30AM (Gym) 1:45PM-8:45PM (Gym)	5:00AM-7:30AM (Gym) 1:45PM-8:45PM (Gym)	5:00AM-7:30AM (Gym) 10:45AM-11:30AM (Gym) 1:45PM-6:00PM (Gym) 8:00PM-8:45PM (Gym)	7:00AM-9:30AM (Gym) 4:00PM-5:45PM (Gym)	11:15AM-4:45PM (Gym)
PICKLEBALL: BEGINNER OPEN Family Gym	7:00AM-9:00AM (Gym)	8:00AM-10:00AM (Gym)	7:00AM-9:00AM (Gym)	8:00AM-10:00AM (Gym)	8:00AM-10:00AM (Gym)		
PICKLEBALL: ADULT Gym	7:30AM-10:30AM (Gym)	7:30AM-10:30AM (Gym)	7:30AM-10:30AM (Gym)	7:30AM-10:30AM (Gym)	7:30AM-10:30AM (Gym)		
PICKLEBALL: ADULT Family Gym	9:00AM-10:00AM (Gym)		9:00AM-10:00AM (Gym)				
BASKETBALL: ADULT Gym	11:30AM-1:30PM (Gym)	11:30AM-1:30PM (Gym)	11:30AM-1:30PM (Gym)	11:30AM-1:30PM (Gym)	11:30AM-1:30PM (Gym)		8:00AM-11:00AM (Gym)
PICKLEBALL: BEGINNER/FAMILY OPEN West Gym	2:00PM-4:00PM (Gym)					2:00PM-4:00PM (Gym)	
OPEN GYM East Gym	2:00PM-4:00PM (Gym)				6:00PM-8:00PM (Gym)	2:00PM-4:00PM (Gym)	
OPEN GYM Family Gym		5:00AM-8:00AM (Gym) 12:30PM-3:45PM (Gym) 7:45PM-8:45PM (Gym)			5:00AM-8:00AM (Gym) 12:30PM-5:00PM (Gym) 7:45PM-8:45PM (Gym)		8:00AM-9:00AM (Gym)
VOLLEYBALL: OPEN Gym		6:00PM-8:00PM (Gym)					
PICKLEBALL: ADULT West Gym			6:00PM-8:00PM (Gym)		6:00PM-8:00PM (Gym)		
SCHEDULED PROGRAMMING: COMMUNITY ROOM Community Room					5:30PM-7:00PM (Gym)		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SCHEDULED PROGRAMMING: FAMILY FUN Family Gym					5:30PM-7:00PM (Gym)		
CLOSED: FAMILY GYM Family Gym						11:15AM-6:00PM (Gym)	11:15AM-6:00PM (Gym)



SCHOTTLAND FAMILY YMCA | March 24th - March 30th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
OPEN GYM Full Gym	5:00AM-7:00AM (Gym) 11:00AM-1:00PM (Gym) 3:00PM-8:45PM (Gym)	5:00AM-7:00AM (Gym) 2:30PM-8:45PM (Gym)	5:00AM-1:00PM (Gym) 3:00PM-5:00PM (Gym)	5:00AM-7:00AM (Gym) 8:30AM-9:30AM (Gym) 3:30PM-8:45PM (Gym)	5:00AM-7:00AM (Gym) 8:30AM-12:30PM (Gym) 3:30PM-8:45PM (Gym)	9:30AM-5:45PM (Gym)	3:00PM-4:45PM (Gym)
OPEN GYM Family Gym	5:00AM-9:45AM (Gym) 12:00PM-3:30PM (Gym)	6:30AM-9:00AM (Gym) 12:00PM-3:10PM (Gym)	5:00AM-9:00AM (Gym) 1:00PM-8:45PM (Gym)	5:00AM-9:00AM (Gym) 12:00PM-3:30PM (Gym)	5:00AM-9:45AM (Gym) 12:00PM-8:45PM (Gym)	7:00AM-8:30AM (Gym) 1:15PM-5:00PM (Gym)	8:00AM-4:45PM (Gym)
OPEN GYM Turf Gym	6:30AM-7:45AM (Gym) 2:00PM-5:00PM (Gym) 6:45PM-8:45PM (Gym)	5:00AM-8:45AM (Gym) 11:00AM-8:45PM (Gym)	6:30AM-9:15AM (Gym) 11:00AM-3:30PM (Gym)	5:00AM-8:45AM (Gym) 11:00AM-8:45PM (Gym)	6:30AM-9:15AM (Gym) 11:30AM-5:45PM (Gym) 6:45PM-8:45PM (Gym)	8:30AM-5:45PM (Gym)	
BASKETBALL: ADULT Full Gym	7:00AM-8:30AM (Gym)	7:00AM-8:30AM (Gym)		7:00AM-8:30AM (Gym)	7:00AM-8:30AM (Gym)		11:00AM-1:00PM (Gym)
PICKLEBALL: ADULT (ages 18+) Full Gym	8:45AM-11:00AM (Gym) 1:00PM-3:00PM (Gym)	8:45AM-11:15AM (Gym)	5:00PM-8:45PM (Gym)	12:30PM-3:30PM (Gym)			
SCHEDULED PROGRAMMING: TURF GYM Turf Gym	12:00PM-1:00PM (Gym)	10:15AM-10:45AM (Gym)					
OPEN GYM East Gym		12:15PM-2:30PM (Gym)		9:30AM-11:45AM (Gym)			
SCHEDULED PROGRAMMING: CHILD CARE Family Gym			9:00AM-9:45AM (Gym)				
SCHEDULED PROGRAMMING: STUDIO 2 Studio 2			10:15AM-10:45AM (Gym) <i>Christine H.</i>				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
PICKLEBALL: BEGINNER OPEN Full Gym			1:00PM-3:00PM (Gym)				1:00PM-3:00PM (Gym)
PICKLEBALL: OPEN (ages 13+) Full Gym					12:30PM-3:30PM (Gym)	7:00AM-9:30AM (Gym)	8:00AM-11:00AM (Gym)
FAMILY GYM: CLOSED FOR SCHEDULED PROGRAMMING Family Gym						5:00PM-6:00PM (Gym)	
TURF GYM: CLOSED FOR SCHEDULED PROGRAMMING Turf Gym						5:00PM-6:00PM (Gym)	



CORNING FAMILY YMCA | March 24th - March 30th

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BAY VIEW FAMILY YMCA | March 24th - March 30th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
OPEN GYM Gym	5:30AM-6:00AM (Gym) 7:00AM-9:30AM (Gym)	5:30AM-9:30AM (Gym)	5:30AM-6:00AM (Gym) 7:00AM-9:30AM (Gym) 5:00PM-9:00PM (Gym)	5:30AM-8:00AM (Gym)	5:30AM-6:00AM (Gym) 7:00AM-9:30AM (Gym)		8:45AM-2:00PM (Gym)
BASKETBALL: ADULT Gym	6:00AM-7:00AM (Gym)		6:00AM-7:00AM (Gym)		6:00AM-7:00AM (Gym)		
SCHEDULED PROGRAMMING: BEFORE/AFTER SCHOOL Gym	4:00PM-5:00PM (Gym)	4:00PM-5:00PM (Gym)	4:00PM-5:00PM (Gym)	4:00PM-5:00PM (Gym)	4:00PM-5:00PM (Gym)		
PICKLEBALL: BEGINNER OPEN Gym		12:00PM-3:00PM (Gym)		11:30AM-1:30PM (Gym)			
PICKLEBALL: OPEN Gym			11:30AM-3:00PM (Gym)	1:30PM-3:45PM (Gym) 7:00PM-9:00PM (Gym)	11:00AM-3:00PM (Gym)	12:00PM-5:00PM (Gym)	



NORTHWEST FAMILY YMCA | March 24th - March 30th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
OPEN GYM Gym	5:30AM-6:30AM (Gym) 10:45AM-11:15AM (Gym) 2:30PM-4:30PM (Gym) 5:30PM-8:45PM (Gym)	5:30AM-6:30AM (Gym) 11:15AM-12:00PM (Gym) 2:30PM-4:30PM (Gym) 5:30PM-6:00PM (Gym) 7:45PM-8:45PM (Gym)	2:30PM-4:30PM (Gym)	5:30AM-6:30AM (Gym) 2:30PM-4:30PM (Gym) 5:30PM-6:00PM (Gym) 7:45PM-8:45PM (Gym)	5:30AM-6:30AM (Gym) 2:30PM-4:30PM (Gym) 5:30PM-8:45PM (Gym)	11:00AM-5:00PM (Gym)	11:00AM-1:45PM (Gym)
PICKLEBALL: ADULT (all levels) Gym	6:30AM-9:00AM (Gym)	6:30AM-10:00AM (Gym)	5:30AM-7:45AM (Gym)	6:30AM-10:00AM (Gym)	6:30AM-9:00AM (Gym)	7:00AM-11:00AM (Gym)	
PICKLEBALL: OPEN (all levels) Gym	12:45PM-2:30PM (Gym)	12:00PM-2:30PM (Gym)	1:00PM-2:30PM (Gym)	12:30PM-2:30PM (Gym)	12:45PM-2:30PM (Gym)		8:00AM-11:00AM (Gym)
OPEN GYM West Gym	4:30PM-5:30PM (Gym)	4:30PM-5:30PM (Gym) 6:00PM-7:45PM (Gym)	11:00AM-1:00PM (Gym) 4:30PM-5:00PM (Gym)	4:30PM-5:30PM (Gym) 6:00PM-7:45PM (Gym)	4:30PM-5:30PM (Gym)		
BASKETBALL: OLDER ADULT East Gym			11:00AM-1:00PM (Gym)				
SCHEDULED PROGRAMMING: BEFORE/AFTER SCHOOL East Gym			4:30PM-5:00PM (Gym)				



MAPLEWOOD FAMILY YMCA | March 24th - March 30th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
OPEN GYM Gym	6:00AM-8:00AM (Gym) 12:30PM-1:30PM (Gym) 4:00PM-9:00PM (Gym)	6:00AM-9:30AM (Gym) 11:30AM-1:30PM (Gym) 4:00PM-5:00PM (Gym) 8:00PM-9:00PM (Gym)	11:30AM-1:00PM (Gym) 4:00PM-9:00PM (Gym)	6:00AM-9:30AM (Gym) 11:30AM-1:30PM (Gym) 4:00PM-5:00PM (Gym) 8:00PM-9:00PM (Gym)	6:00AM-8:00AM (Gym) 4:00PM-9:00PM (Gym)	12:00PM-3:00PM (Gym)	12:00PM-2:00PM (Gym)
PICKLEBALL: ADULT West Gym	1:30PM-4:00PM (Gym)	1:30PM-4:00PM (Gym)	1:30PM-4:00PM (Gym)	1:30PM-4:00PM (Gym)	1:30PM-4:00PM (Gym)	7:00AM-9:00AM (Gym)	9:00AM-10:30AM (Gym)
OPEN GYM East Gym	1:30PM-4:00PM (Gym)	1:30PM-4:00PM (Gym) 5:00PM-8:00PM (Gym)	1:30PM-4:00PM (Gym)	1:30PM-4:00PM (Gym) 5:00PM-8:00PM (Gym)	11:30AM-4:00PM (Gym)	7:00AM-12:00PM (Gym)	9:00AM-12:00PM (Gym)
FAMILY GYM West Gym		5:00PM-8:00PM (Gym)		5:00PM-8:00PM (Gym)			
PICKLEBALL: ADULT Gym			8:00AM-9:30AM (Gym)		8:00AM-9:30AM (Gym)		
BASKETBALL: ADULT West Gym						9:00AM-12:00PM (Gym)	10:30AM-12:00PM (Gym)



SANDS FAMILY YMCA | March 24th - March 30th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
PICKLEBALL: OPEN Gym	7:00AM-9:30AM (Gym)						8:00AM-11:00AM (Gym)
SCHEDULED PROGRAMMING: NORTH GYM North Gym	10:00AM-12:45PM (Gym)	9:15AM-10:30AM (Gym)	10:00AM-12:45PM (Gym)	9:15AM-10:15AM (Gym)	10:00AM-12:45PM (Gym)		
SCHEDULED PROGRAMMING: SOUTH GYM South Gym	10:00AM-12:45PM (Gym)	9:15AM-10:30AM (Gym)	10:00AM-12:45PM (Gym)	9:15AM-10:15AM (Gym)	10:00AM-12:45PM (Gym)		
PARENT/CHILD TODDLER TIME Turf Gym	10:30AM-11:30AM (Gym)		10:30AM-11:30AM (Gym)				
PICKLEBALL: ADULT Gym	12:45PM-3:30PM (Gym)	1:00PM-3:30PM (Gym)	6:30PM-8:45PM (Gym)	1:00PM-3:30PM (Gym)			
VOLLEYBALL: BEGINNER ADULT Turf Gym	7:10PM-8:00PM (Gym)						
VOLLEYBALL: INTERMEDIATE ADULT Turf Gym	8:00PM-8:50PM (Gym)						
BASKETBALL: ADULT Gym		8:00PM-8:55PM (Gym)			7:00AM-8:30AM (Gym)		
OPEN GYM North Gym			5:30AM-10:00AM (Gym) 12:45PM-6:15PM (Gym)	5:30AM-9:00AM (Gym) 10:30AM-11:30AM (Gym) 11:30AM-12:30PM (Gym) 3:45PM-8:45PM (Gym)			
OPEN GYM South Gym			12:45PM-6:15PM (Gym)				

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WESTSIDE FAMILY YMCA | March 24th - March 30th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SCHEDULED PROGRAMMING: Child Care South Gym	8:45AM-10:45AM (Gym)		8:45AM-10:45AM (Gym)		8:45AM-9:45AM (Gym)		
OPEN GYM North Gym	8:45AM-10:45AM (Gym)		8:45AM-10:45AM (Gym)		8:45AM-9:45AM (Gym)		
SCHEDULED PROGRAMMING: Child Care Gym	3:00PM-5:30PM (Gym)	3:00PM-5:15PM (Gym)	3:00PM-5:30PM (Gym)	3:00PM-5:15PM (Gym)	3:00PM-5:30PM (Gym)		
SCHEDULED PROGRAMMING: FUN FIT Fun Fit Room	4:30PM-5:30PM (Gym)	8:00AM-9:00AM (Gym) 10:00AM-11:00AM (Gym) 5:00PM-6:15PM (Gym)	5:00PM-6:00PM (Gym)	10:00AM-11:00AM (Gym) 5:00PM-6:30PM (Gym)			
OPEN FUN FIT Fun Fit Room	5:30PM-9:00PM (Gym)	5:30AM-8:00AM (Gym) 9:00AM-10:00AM (Gym) 11:00AM-9:00PM (Gym)	5:30AM-5:00PM (Gym) 6:00PM-9:00PM (Gym)	11:00AM-9:00PM (Gym)	5:30AM-9:00PM (Gym)		8:00AM-4:00PM (Gym)
BASKETBALL: ADULT Gym	5:30PM-9:00PM (Gym)		7:30PM-9:00PM (Gym)				
OPEN GYM South Gym		6:45PM-9:00PM (Gym)		6:45PM-9:00PM (Gym)	5:30PM-9:00PM (Gym)		
BASKETBALL: ADULT North Gym					5:30PM-9:00PM (Gym)		
PICKLEBALL: ADULT Gym						10:15AM-1:15PM (Gym)	8:15AM-10:30AM (Gym)
OPEN GYM Gym							8:00AM-8:15AM (Gym) 10:30AM-4:00PM (Gym)