



Caroline "Lily" Lobozzo Aging Resource Center



February 2023

Featured Events:

Grab-n-Go's available on Tuesdays & Fridays!

We are thrilled to partner with Monroe County Office for the Aging to bring Lily Café members 60 years+ meals to go! Stop by to pick up your meal on your way home to heat up and enjoy from the comfort of your home.

Stop by to register, **\$3.50 suggested contribution**

NEW Teaching Kitchen!

Wednesdays, February 1, 8 & 15

11 am - 12 pm \$3 suggested contribution

We are thrilled to partner with Foodlink to feature interactive cooking classes! Sign up to participate and create fresh recipes like; ginger harvest salad and sweet potato lentil soup! Each week, the class will create a light & healthy recipe featuring produce available on Foodlink's Curbside Market Van! The van will be outside during and after class so members can shop for produce and make the recipes at home!

Samples and the weekly recipe will be shared after class.

Limit 6 members/class

Soul Food Luncheon featuring D'Lores Simmons!

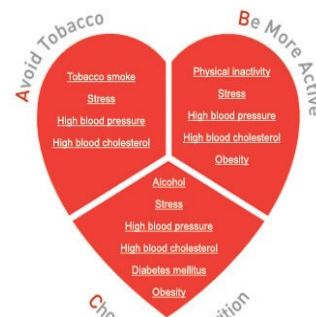
Thursday, February 23

11 am \$5 suggested contribution

Sign-up & contribution due by Monday, February 20 to secure your spot, space is limited!

Recent Change:

Lily Café catered lunch is now on Mondays!
\$3.50 suggested contribution



Stacie, our Eldersource care manager is available the first & third Wednesdays each month, 11 am - 1 pm. Call 341-4013 or stop by the Cafe to sign up!



Lifespan Welcomes Everyone!

A PARTNERSHIP OF



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Teaching Kitchen! Learn to make: whole wheat veggie wraps \$3 sugg. cont. 11 am, limit 6 12 pm samples Wellbeing call (v) 1 pm	2 Book Club 9:30 am Dulcimer Group 1 pm 	3 Grab-n-Go \$3.50 Manicures with Wendy 10 am Craft: Creating Bookmarks! with Carol 11:30 am, \$3 sugg. contribution Wellbeing check-in (v) 1 pm
		6 History of Valentine's with Laurie 10 am Tech Q & A with Daniel Jones 11:30 am Lunch 11:30 am \$3.50 sugg. contribution	7 Grab-n-Go \$3.50 Crochet with JoeEthel 10 am Tech Tuesday! with Daniel Jones 1:15 pm	8 Teaching Kitchen! Learn to make: healthy snacks \$3 sugg. cont. 11 am, limit 6 12 pm samples Wellbeing call (v) 1 pm
13 Mexican Train Dominoes: with Bill Barnes 9 am Valentine Centerpieces with Laurie \$3 sugg. cont. 10 am Lunch 11:30 am \$3.50 sugg. contribution	14 Grab-n-Go \$3.50 Lily Café Advisory 9:30 am Valentine's Day Party! 11:15 am 	15 Teaching Kitchen! Learn to make: beans & greens \$3 sugg. cont. 11 am, limit 6 12 pm samples Wellbeing call (v) 1 pm	16 Book Club 9:30 am  Dulcimer Group 1 pm	17 Grab-n-Go \$3.50 Scam Prevention 101 with Lifespan's Justin McCabe 11:30 am Wellbeing check-in with Marty (v) 1 pm
20 Hair Cuts with Destiny \$3 suggested contribution 11 am Tech Q & A with Daniel Jones 11:30 am Lunch 11:30 am \$3.50 sugg. contribution	21 Grab-n-Go \$3.50 Crochet with JoeEthel 10 am Cartoon Drawing with Edith 11 am	22 No Teaching Kitchen today, Foodlink closed. Billiard's Tournament! Sign up by 2/21 10 am Wellbeing call with Marty (v) 1 pm	23 Book Club 9:30 am Soul Food Luceon! 11 am, \$5 sugg. contribution sign up and contribution by 2/20 Dulcimer Group 1 pm	24 Grab-n-Go \$3.50 10-Minute Chair Massage 10 am - 12 pm Wellbeing check-in with Marty (v) 1 pm
27 Celebrating February Birthdays! 10 am Savers Trip! 10:30 am \$2 sugg. cont. Lunch 11:30 am \$3.50 sugg. contribution	28 Grab-n-Go \$3.50 Tech seminar: Video Chatting 101 10 am with Daniel Jones Craft: wood blocks with paper letters with Jennifer 11:15am \$3 suggested contribution	Learn to love with all your heart and accept the unlovable side of others. For anyone can love a rose, but it takes a great heart to include the thorns...  WWW.LIVELIFEHAPPY.COM		