



COMMUNITY ROOM ACTIVE AGING ADULT PROGRAMMING DECEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Come and help sign Christmas Cards for the Residents of Nursing Homes & ALFs - Card donations welcomed 10 - 11:30 am Euchre Noon to 4 pm
4 Prep for Holiday Party 10:30 am - 12:30 pm Italian Motive with Maria Rosaria - Bring lunch 1 - 3 pm	5 Holiday Crafting with the Preschoolers 9:30 - 11:30 am Bridge 1:30 - 3:30 pm	6 Holiday Crafting with the Preschoolers 9:30 - 11:30 am AOA El Grupo De Español - Conference Rm 11 am - 12:30 pm Sewing Love: Power Pads 12:30 - 3:30 pm MahJong (STEM room) 1 - 4 pm	7 Holiday Party - New Horizon Band - meet in the Family Gym & register at Front Desk \$13 pp & register by 12/4 MahJong 1 - 4 pm	8 Painting with Pizzazz - finalizing or freshen up. Register with Theresa 10 am to Noon Learning series: Garrett will show how to use Social Media Sites 11 am to Noon Euchre Noon to 4 pm
11 Ornament Day - stop in & make some ornaments 10 am to Noon *STEM Room is booked for Sewing Love Doll making class from 10 am to Noon*	12 Tour the Christmas Markets of Germany - Conference Room 11 am to Noon Community Room booked for Pool Holiday Party 8 - 11:30 am Bridge 1:30 - 3:30 pm AOA Meeting 11:45 am - 1 pm	13 AOA El Grupo de Español - Conference Rm 11 am - 12:30 pm National Cocoa Day - Stop in the community room for some hot cocoa MahJong - STEM Room 1 - 4 pm	14 Speaker: Alzheimers Association - Dementia Conversations- Conference Rm 10:30 - 11:30 am ReUSE & ReGIFT Day! Bring in your new unwanted items & find one you like 10 am - 12:30 pm MahJong 1 - 4 pm	15 Watercolor Self Exploration Group (STEM room) - Register with Theresa if new to the group 9:30-12:30 pm Euchre Noon to 4 pm
18 December Birthday Celebration 11:30 am - 12:30 pm Italian Movie with Maria Rosaria - Bring lunch 1 - 3 pm	19 Come meet Lu in the Family Gym (fun interactive game) 12:30 - 1:30 pm Bridge - STEM Room 1:30 - 3:30 pm	20 Craft: Bracelet Making with Terie - Reigster at Front Desk - \$5 10 am to Noon MahJong - STEM Room 1 - 4 pm	21 Create Holiday Greeting Cards - Register with Theresa 10 am to Noon Christmas Cookie Exchange Register with Theresa 10 - 11 am MahJong 1 - 4 pm	22 Food Demo: Spinach & bread appetizer 10:30 - 11:30 am Euchre Noon to 4 pm
25 Closed for Christmas Holiday	26 Bridge 1:30 - 3:30 pm	27 Craft: Winter Tree Art - Register at Front Desk - \$5 11 am - 12:30 pm MahJong - STEM Room 1 - 4 pm	28 National Card Playing Day! Come & play Sequence 10:30 am - 12:30 pm MahJong 1 - 4 pm	29 Come and help with the Y New Years Eve Bash prep 11 am to Noon Euchre Noon to 4 pm

Interested in MahJong or Bridge instruction - Contact Theresa
Questions? Please contact Theresa! 585-341-3067 or Theresa.Schliff@rochesterymca.org



EVENT DESCRIPTIONS

Christmas Card Signing

Come to the Community room and create some cheer for those in a nursing home or ALF. Our goal is to sign and embellish over 400 holiday cards.

Preparation for the Holiday Party

Help is needed to prepare for our December 7th Holiday Party! Any and all help is appreciated.

Holiday Craft with the Preschoolers

Our AOA group will have holiday fun creating painted gnomes with our preschool classes.

El Grupo de Español

Meet in the conference room to continue to learn basic conversational Spanish with Dee and Jasmine. All are welcomed!

Catered Holiday Party

Join us in the Family Gym for a Holiday Party! Registration required by 12/4, \$13 per person. Come take pictures with Santa. Music provided by New Horizon 1-2 pm no registration required.

Painting with Pizzazz: Finalize & Freshen Up Day

Meet with Jim in the STEM room with paintings you have done in the past and maybe never completed or want to freshen it up a bit. Register with Theresa

Learning Series: Social Media

Garrett will demonstrate and help assist you with the special social media Apps and how to navigate.

Ornament Day

There will be several stations set up to make your one of a kind ornament to gift or pretty up your tree. No charge.

Tour the Christmas Markets of Germany

Join Alice in her adventure in Germany during Christmas time. Her pictures will take you to the various Markets filled with Holiday decor.

ReUse & ReGift day

Do you have an unused gift that you will never use? Bring it in. This is an opportunity to find that unique gift that is someone else's unwanted gift. At the end of the day all unclaimed items will be taken to the local donation site

Fun Interactive Game with Lu

Have you seen the kids play in the Family Gym with Lu? This is an interactive projecting game. So much fun, I thought we could give it a try.

Create Holiday Greeting Cards

Want to make that last minute holiday card? Stop in the Community Room and use the items available to make a unique card. No charge.

Christmas Cookie Exchange

Bring in 3 dozen cookies and swap out with others. Register with Theresa

Food Demo: Spinach & Bread Appetizer

Have you ever wondered if that Holiday Tree appetizer is as easy and good as it looks. Stop in and check it out

Craft: Winter Tree Art

Using card stock and acrylics create a colorful landscape. Register at Front Desk \$5