



ACTIVE ADULT PROGRAMMING WESTSIDE FAMILY BRANCH FEBRUARY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2 Fleet Feet Presentation 12:15 - 1:15 pm
5	6 Chess with Fred & Dyzio 8:30 am Toast-y Tuesday 10:30 - 11:30 am Poker with Vinny 10 - 11 am Good Yarnin' To Ya! (knit/crochet/needlepoint) 11 am to Noon	7 Lunch & Rummikub with Maria 12:15 pm "Meet the iPad" Class with Daniel Jones (Held at the Gates Library) 6 - 7 pm	8 Navigating the World Wide Web 9:30 - 10:30 am February Birthday Celebration 10:30 - 11:30 am	9 Beginner Pickleball - Meet in the Gym 12:15 - 1:15 pm
12	13 Chess with Fred & Dyzio 8:30 am Toast-y Tuesday 10:30 - 11:30 am FAT TUESDAY! Enjoy King Cake along with your toast!	14 Lunch & Rummikub with Maria 12:15 pm Valentine's Day "Share the Love!" Craft activity with our Childcare kids! 10 - 10:45 am	15 Mappina Club 10:30 - 11:30 am	16 Line Dancing - Meet in the Group Exercise Studio 12:30 - 1:15 pm
19 Men's Coffee 10:30 - 11:30 am	20 Chess with Fred & Dyzio 8:30 am Toast-y Tuesday 10:30 - 11:30 am Greeting Card Club 10:30 - 11:30 am	21 Lunch & Rummikub with Maria 12:15 pm	22 New Member Coffee 10 - 11 am Book Club 10:30 - 11:30 am	23
26	27 Chess with Fred & Dyzio 8:30 am Toast-y Tuesday 10:30 - 11:30 am	28 Lunch & Rummikub with Maria 12:15 pm	29 Leap Day Fun Facts! Check out the display board by the coffee!	

Email maria.tette@rochesterymca.org with any questions, interests or talents!



EVENT DESCRIPTIONS

Toast-y Tuesday

The Toast cart is back! Enjoy a light snack and fellowship on Tuesday!

Book Club

Our book club kicked off on January 25. We will post our February book on the AOA Bulletin Board! Be sure to stop by and check it out and then join us on February 22!

Mappina Club

Fun fact: in an Italian kitchen, a "mappina" is a dish towel. This month, we will be sharing a pasta recipe. Bring a mappina to trade along with your favorite pasta recipe

Men's Coffee

Join us for a cup of coffee and casual conversation

New Member Coffee Hour

New members and current members! Let's meet, mingle, and learn about our Active Older Adults (AOA) events and opportunities!

Monthly Birthday Celebration

Let's take time to celebrate some birthdays! All welcome to share cake

Beginner Pickleball

If you are a beginner pickle-ball player, or you want to learn how to play, join us in the gymnasium to practice and continue to learn the basics and fundamentals. Paddles provided. *sign up required

Greeting Card Club

Let's make cards for our neighbors who are in need of support and encouragement

Lunch and Rummikub

Bring a bagged lunch and join our AOA Staff, Maria in the Lounge. Don't know how to play Rummikub? No worries, we will teach you!

Episcopal SeniorLife Event

In partnership with Episcopal SeniorLife, join us for a lunch-and-learn with food catered by Episcopal's resident chef. Topic varies by month. Registration and payment required

Fleet Feet Presentation

Fleet Feet is an athletic shoe company whose expertise is in assessing and fitting those who exercise in proper athletic footwear. Join us for a presentation and you will be able to have your feet assessed and measured. All who attend will receive a 15% off coupon towards a purchase, as well

Chess with Fred & Dyzio

Join Y members, Fred and Dyzio, every Tuesday to play chess! Please bring your chessboard if you have one!

Poker with Vinny

How does a friendly game of poker sound?! Vinny, one of our members, has been dealing poker for 14 years. Join him on February 6 and see how the chips may fall! *sign up required

Good Yarnin' To Ya!

If you knit, crochet or needlepoint, this is the group for you! If you'd like to learn, join us, too, and get started on a great new hobby!

Fat Tuesday

Enjoy King Cake to celebrate the last day of Mardi Gras! Wear your purple, green, and gold and enjoy some king cake!

Navigating the World Wide Web

Join IT and Tech professional, Jackie Hylton as she speaks on troubleshooting your computer and internet

Line Dancing

Do you love to line dance? Dance on into the Group Exercise Studio for a little Cha-Cha Slide, Electric Slide and Cupid Shuffle!

Meet the iPad with Daniel Jones

Daniel Jones is a skilled educator in the area of technology. If you have an iPad and would like to learn more about its basic features and benefits, you'll want to attend this session at the Gates Library. *sign up required

Valentine's Day "Share the Love" Craft Activity

Let's Share the Love with some of our Y Childcare little ones and do a Valentine's Day craft together!

If sign up is required, please sign up at the Member Services Desk!

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