



ACTIVE ADULT PROGRAMMING WESTSIDE FAMILY BRANCH MARCH 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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4	5 Chess with Fred & Dyzio 8:30 am Toast-y Tuesday 10:30 - 11:30 am Good Yarnin' To Ya! - knit/crochet/needlepoint 11 am to Noon	6 Lunch & Rummikub with Maria 12:15 pm Scrabble with Maria & Larry S. 12:15 pm	7	8 Beginner Pickleball - Meet in the Gym 12:15 - 1:15 pm
11	12 Chess with Fred & Dyzio 8:30 am Toast-y Tuesday 10:30 - 11:30 am Lunch & Learn 12:30 - 2pm	13 Lunch & Rummikub with Maria 12:15 pm Scrabble with Maria & Larry S. 12:15 pm	14 March Birthday Celebrations 10:30 - 11:30 am	15
18	19 Chess with Fred & Dyzio 8:30 am Toast-y Tuesday 10:30 - 11:30 am Poker with Vinny 10 - 11 am Greeting Card Club 10:30 - 11:30 am	20 Lunch & Rummikub with Maria 12:15 pm Scrabble with Maria & Larry S. 12:15 pm	21 Book Club - Meet in Conference Room 10:30 - 11:30 am	22 Line Dancing - Meet in Group Exercise Studio 12:30 - 1:15 pm
25	26 Chess with Fred & Dyzio 8:30 am Toast-y Tuesday 10:30 - 11:30 am	27 Lunch & Rummikub with Maria 12:15 pm Scrabble with Maria & Larry S. 12:15 pm	28 New Member Coffee 10 - 11 am Mappina Club 10:30 - 11:30 am Lunch & Learn 12:30 - 2 pm	29 Line Dancing - Meet in Group Exercise Studio 12:30 - 1:15 pm

Email maria.tette@rochesterymca.org with any questions, interests, or talents!



EVENT DESCRIPTIONS

Toast-y Tuesday

The Toast cart is back! Enjoy a light snack and fellowship on Tuesday.

Mappina Club

Fun fact: in an Italian kitchen, a "mappina" is a dish towel. This month, we will be baking biscotti in our kitchen. Bring a mappina to trade and enjoy this baking demonstration!

New Member Coffee Hour

New members and current members! Let's meet, mingle, and learn about our Active Older Adults (AOA) events and opportunities.

Monthly Birthday Celebration

Let's take time to celebrate some birthdays! All welcome to share cake.

Beginner Pickleball

If you are a beginner pickleball player, or you want to learn how to play, join us in the gymnasium to practice and continue to learn the basics and fundamentals. Paddles provided.

*sign up required.

Greeting Card Club

Let's make cards for our neighbors who are in need of support and encouragement.

Lunch and Rummikub

Bring a bagged lunch and join our AOA Staff, Maria in the Lounge. Don't know how to play Rummikub? No worries, we will teach you.

Lunch & Scrabble

Bring a bagged lunch and join Y members, Larry and Maria S. Don't know how to play Scrabble? No worries, we will teach you!

Episcopal SeniorLife Event

In partnership with Episcopal SeniorLife, join us for a lunch-and-learn with food catered by Episcopal's resident chef. Topics varies by month. Registration and payment required.

Chess with Fred & Dyzio

Join Y members, Fred and Dyzio, every Tuesday to play chess! Please bring your chessboard if you have one.

Poker with Vinny

How does a friendly game of poker sound?! Vinny, one of our members, has been dealing poker for 14 years. Join him on February 6 and see how the chips may fall! *Sign up required.

Good Yarnin' To Ya!

If you knit, crochet or needlepoint, this is the group for you! If you'd like to learn, join us, too, and get started on a great new hobby.

Line Dancing

Do you love to line dance? Dance on into the Group Exercise Studio for a little Cha-Cha Slide, Electric Slide & Cupid Shuffle!

If sign up is required, please sign up at the Member Services Desk!

Unless otherwise noted, all activities are in the lounge by the coffee!

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