



# ACTIVE ADULT PROGRAMMING BAY VIEW FAMILY BRANCH MAY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
6 Blood Pressure Office Hours with Rita 9:30 - 11:30 am	7 Trainer Tips with Steve: Mobility 11:30 am to Noon  Group Interviews - Room closed 6:30 - 9 pm	8	9	10
13 HSM Personal Care with Liam Faudree *coffee & donuts* 10 am to Noon	14	15 CBV Leadership Room closed 6:30 - 9 pm	16	17 Card Making with Pat Miller - Registration required 10:30 am to Noon
20	21 Trainer Tips with Steve: Weight Management 11:30 am to Noon	22 Group Interviews Room closed 10 am to Noon	23	24
27 Memorial Day!!	28	29	30	31