



# ACTIVE ADULT PROGRAMMING WESTSIDE FAMILY BRANCH APRIL 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	<b>2</b> Toast-y Tuesday 10:30 - 11:30 am	<b>3</b> Lunch & Rummikub with Maria 12:15 pm	<b>4</b>	<b>5</b> Line Dancing - Meet in the Group Ex Studio  12:15 - 1:15 pm
<b>8</b> Total Solar Eclipse!	<b>9</b> Toast-y Tuesday 10:30-11:30 am  Lunch & Learn 12:30 pm  Poker with Vinny 10 - 11 am	<b>10</b> Lunch & Rummikub with Maria 12:15 pm	<b>11</b> April Birthday Celebration 10:30 - 11:30 am  Spring Craft- Mini Vase Painting 10 am to Noon	<b>12</b> Beginner Pickleball - Meet in the Gym 12:15 - 1:15 pm
<b>15</b>	<b>16</b> Toast-y Tuesday 10:30-11:30 am  Line Dancing - Meet in the Group Ex Studio 2:15 - 3:15 pm	<b>17</b> Lunch & Rummikub with Maria 12:15 pm	<b>18</b> Book Club - Meet in the Conference Room 10:30 - 11:30 am	<b>19</b>
<b>22</b>	<b>23</b> Toast-y Tuesday 10:30-11:30 am  Poker with Vinny 10 - 11 am	<b>24</b> Lunch & Rummikub with Maria 12:15 pm	<b>25</b> Lunch & Learn 12:30 pm	<b>26</b>
<b>29</b>	<b>30</b> Toast-y Tuesday 10:30-11:30 am  Spring Craft- Mini Vase Painting 10 am to Noon			



# EVENT DESCRIPTIONS

## **Toast-y Tuesday**

The toast cart is back! Enjoy a light snack and fellowship on Tuesdays!

## **Book Club**

Our book club meets once a month. For the month of April, we are reading *Snow Flower and the Secret Fan* by Lisa See. Join us on April 18 to discuss this enjoyable read.

## **Mappina Club**

Fun fact: in an Italian kitchen, a "mappina" is a dish towel. This month, we will be learning to make pasta in our kitchen. Bring a mappina to trade and enjoy this cooking demonstration!

## **Monthly Birthday Celebration**

Let's take time to celebrate some birthdays! All welcome to share a birthday treat!

## **Beginner Pickle-ball**

If you are a beginner pickle-ball player, or you want to learn how to play, join us in the gymnasium to practice and continue to learn the basics and fundamentals. Paddles provided. \*sign up required

## **Lunch and Rummikub**

Bring a bagged lunch and join our AOA staff, Maria. Don't know how to play Rummikub? No worries, we will teach you!

## **Episcopal SeniorLife Event**

In partnership with Episcopal SeniorLife, join us for a lunch-and-learn with food catered by Episcopal's resident chef. Topic varies by month. Registration and payment required.

## **Poker with Vinny**

How does a friendly game of poker sound?! Vinny, one of our members, has been dealing poker for many years. Join him on April 9 and 23 and see how the chips may fall! \*sign up required.

## **Line Dancing**

Do you love to line dance? Dance on into the Group Exercise Studio for a little Cha-Cha Slide, Electric Slide, Cupid Shuffle and more!

Email [maria.tette@rochesterymca.org](mailto:maria.tette@rochesterymca.org) with any questions, interests or talents

\*If sign up is required, please sign up at the Member Services Desk\*

\*Unless otherwise notes, all activities are in the lounge by the coffee\*