



ACTIVE ADULT PROGRAMMING WESTSIDE FAMILY BRANCH MAY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Rummikub with Maria 12:15 - 1:45 pm	2	3 Line Dancing - Meet in the Group Exercise Studio 12:15 - 1:15 pm
6	7 Toast-y Tuesday 10:30 - 11:30 am Garden Prep 9 am to Noon	8 Rummikub with Maria 12:15 - 1:45 pm	9 Mappina Club 10:30 am to Noon	10 Pickleball - Meet in the Gym 12:15 - 1:15 pm Garden Prep (Rain Date) 9 am to Noon
13	14 Toast-y Tuesday 10:30 - 11:30 am Poker with Vinny 10 - 11 am Line Dancing - Meet in the Group Exercise Studio 1:15 - 2:15 pm	15 Rummikub with Maria 12:15 - 1:45 pm	16 May Birthday Celebrations 10:30 am Book Club 10:30 - 11:30 am	17
20	21 Toast-y Tuesday 10:30 - 11:30 am	22 Rummikub with Maria 12:15 - 1:45 pm	23 Mappina Club 10:30 am to Noon Garden Planting Day! 9 am to Noon	24
27	28 Toast-y Tuesday 10:30 - 11:30 am Poker with Vinny 10 - 11 am	29 Rummikub with Maria 12:15 - 1:45 pm	30 Lunch & Learn 12:30 - 2 pm	31

Email maria.tette@rochesterymca.org with any questions, interests or talents!



EVENT DESCRIPTIONS

Toast-y Tuesday

The Toast cart is back! Enjoy a light snack and fellowship on Tuesday

Monthly Birthday Celebration

Let's take time to celebrate some birthdays! All welcome to share cake

Beginner Pickleball

If you are a beginner pickleball player, or you want to learn how to play, join us in the gymnasium to practice and continue to learn the basics and fundamentals. Paddles provided. *sign up required

Lunch and Rummikub

Bring a bagged lunch and join our AOA Staff, Maria in the Lounge. Don't know how to play Rummikub? No worries, we will teach you

Poker with Vinny

How does a friendly game of poker sound?! Vinny, one of our members, has been dealing poker for 14 years. Join him on February 6 and see how the chips may fall! *sign up required

Line Dancing

Do you love to line dance? Dance on into the Group Exercise Studio for a little Cha-Cha Slide, Electric Slide and Cupid Shuffle

Scan the QR code and join our YMCA AOA
Facebook group to stay updated
on all AOA Programming!



If sign up is required, please sign up at the Member Services Desk!
Email maria.tette@rochesterymca.org with any questions, interests or talents