



# ACTIVE ADULT PROGRAMMING WESTSIDE FAMILY BRANCH JUNE 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b> Toast Tuesday 10:30 - 11:30 am	<b>5</b> Rummikub with Maria 12:15 - 1:45 pm	<b>6</b> Garden Day - Meet in the Lounge 9 - 11 am  Good Yarnin' To Ya! 1 - 2 pm	<b>7</b> Line Dancing - Group Exercise Studio 12:15 - 1:15 pm
<b>10</b>	<b>11</b> Toast Tuesday 10:30 - 11:30 am  Poker with Vinny -Sign up required 10 - 11 am	<b>12</b> Rummikub with Maria 12:15 - 1:45 pm	<b>13</b> Garden Day - Meet in the Lounge 9 - 11 am Book Club - Conference Room 10:30 - 11:30 am Mappina Club - Sign up required 11:45 - 1:45 pm	<b>14</b> Beginner Pickleball - Meet in gym & Sign up required 12:15 - 1:15 pm
<b>17</b>	<b>18</b> Toast Tuesday 10:30 - 11:30 am	<b>19</b> Rummikub with Maria 12:15 - 1:45 pm	<b>20</b> Garden Day - Meet in the Lounge 9 - 11 am	<b>21</b>
<b>24</b>	<b>25</b> Toast Tuesday 10:30 - 11:30 am  Poker with Vinny -Sign up required 10 - 11 am	<b>26</b> Rummikub with Maria 12:15 - 1:45 pm	<b>27</b> Garden Day - Meet in the Lounge 9 - 11 am	<b>28</b>

Email [maria.tette@rochesterymca.org](mailto:maria.tette@rochesterymca.org) with any questions, interests or talents!



# EVENT DESCRIPTIONS

## **Toast Tuesday**

The Toast cart is back! Enjoy a light snack and fellowship on Tuesday

## **Beginner Pickleball**

If you are a beginner pickleball player, or you want to learn how to play, join us in the gymnasium to practice and continue to learn the basics and fundamentals. Paddles provided. \*Sign up required\*

## **Lunch and Rummikub**

Bring a bagged lunch and join our AOA Staff, Maria in the Lounge. Don't know how to play Rummikub? No worries, we will teach you

## **Poker with Vinny**

How does a friendly game of poker sound?! Vinny, one of our members, has been dealing poker for 14 years. Join him on February 6 and see how the chips may fall! \*sign up required

## **Line Dancing**

Do you love to line dance? Dance on into the Group Exercise Studio for a little Cha-Cha Slide, Electric Slide and Cupid Shuffle

## **Good Yarnin' To Ya**

Join Marcia for an hour of knitting and crocheting. If you are a beginner, feel free to come learn and make new friends

Scan the QR code and join our YMCA AOA  
Facebook group to stay updated  
on all AOA Programming!



If sign up is required, please sign up at the Member Services Desk!  
Email [maria.tette@rochesterymca.org](mailto:maria.tette@rochesterymca.org) with any questions, interests or talents