



ACTIVE ADULT PROGRAMMING WESTSIDE FAMILY BRANCH JULY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Toast Tuesday 10:30 - 11:30 am	3 Rummikub with Maria 12:15 - 1:45 pm	4	5 Line Dancing - Group Ex Studio 12:15 - 1:15 pm
8	9 Toast Tuesday 10:30-11:30 am Poker with Vinny 10 - 11 am	10 Rummikub with Maria 12:15 - 1:45 pm	11 Garden Day - Meet in the Lounge 9 - 11 am Mappina Club 10:30 - 11:30 am	12 Beginner Pickleball - Meet in the gym & sign up required 12:15 - 1:15 pm
15 Field Trip: Centerpointe Stables -Register online 1 - 2 pm	16 Toast Tuesday 10:30-11:30 am	17 Rummikub with Maria 12:15 - 1:45 pm National Hot Dog Day! "Grab a Dog" Lunch Event in the Lounge 12:15 - 1:30 pm	18 Garden Day - Meet in the Lounge 9 - 11 am Mappina Club 10:30 - 11:30 am	19
22	23 Toast Tuesday 10:30-11:30 am Poker with Vinny 10 - 11 am	24 No Rummikub today Bank of America presents: Scam Prevention 12:15 - 1:30 pm	25 Garden Day - Meet in the Lounge 9 - 11 am Book Club 9:30 - 10:30 am	26
29	30 Toast Tuesday 10:30-11:30 am Presentation: The Six Needs of Grieving - Conference room 11:30 am - 1 pm	31 Rummikub with Maria 12:15 - 1:45 pm		



EVENT DESCRIPTIONS

Toast Tuesday

The Toast cart is back! Enjoy a light snack and fellowship on Tuesday

Rummikub with Maria

If you know how to play Rummikub or would like to learn how to play, stop by for some fun

Mappina Club

Fun fact: in an Italian kitchen, a "mappina" is a dish towel. Bring a mappina to trade

Beginner Pickleball

Want to learn how to play America's number one growing sport but not sure where to start? Join us in the gymnasium to learn the basics and fundamentals. Paddles provided & beginners are welcomed

Poker with Vinny

How does a friendly game of poker sound? Vinny, one of our members, has been dealing poker for 14 years. Join him to see how the chips may fall! *Sign up required*

Garden Day

Stop in the Lounge and see what needs to be done in the AOA garden. We may be watering, weeding, or working with the kids to discuss gardening

Field Trip: Centerpointe Stables

Join us for a trip to Centerpointe Stables! Meet the horses, learn about their care, & enjoy brushing them. Register online & space is limited to 25 participants maximum

Book Club

We are always welcoming new members to our book club and discussion. Please join us for a great book, discussion, and friendship

Scan the QR code and join our YMCA AOA
Facebook group to stay updated
on all AOA Programming!



If sign up is required, please sign up at the Member Services Desk!
Email maria.tette@rochesterymca.org with any questions, interests or talents