



ACTIVE ADULT PROGRAMMING NORTHWEST FAMILY BRANCH OCTOBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Pickleball 6:30 - 10 am Noon to 2:30 pm Dominoes 10 am - 12:30 pm	2 Pickleball 6:30 - 9 am 1 - 2:30 pm Euchre 10 am - 12:30 pm Older Adult Basketball - West Gym 11 am - 1 pm	3 Pickleball 6:30 - 10 am Noon to 2:30 pm Knitting/Crocheting/ Handcrafting Group 10 am to Noon	4 Pickleball 6:30 - 9 am 12:45 - 2:30 pm
7 Pickleball 6:30 - 9 am 12:45 - 2:30 pm Recipe Exchange Group 12:45 - 2:45 pm	8 Pickleball 6:30 - 10 am Noon to 2:30 pm Dominoes 10 am - 12:30 pm	9 Pickleball 6:30 - 9 am 1 - 2:30 pm Euchre 10 am - 12:30 pm Older Adult Basketball - West Gym 11 am - 1 pm	10 Pickleball 6:30 - 10 am Noon to 2:30 pm Knitting/Crocheting/ Handcrafting Group 10 am to Noon	11 Pickleball 6:30 - 9 am 12:45 - 2:30 pm
14	15 Pickleball 6:30 - 10 am Noon to 2:30 pm Dominoes 10 am - 12:30 pm	16 Pickleball 6:30 - 9 am 1 - 2:30 pm Euchre 10 am - 12:30 pm Older Adult Basketball - West Gym 11 am - 1 pm	17 Pickleball 6:30 - 10 am Noon to 2:30 pm Knitting/Crocheting/ Handcrafting Group 10 am to Noon	18 Pickleball 6:30 - 9 am 12:45 - 2:30 pm RocDog Therapy Dogs 12:45 - 1:45 pm
21 Pickleball 6:30 - 9 am 12:45 - 2:30 pm Recipe Exchange Group 12:45 - 2:45 pm	22 Pickleball 6:30 - 10 am Noon to 2:30 pm Dominoes 10 am - 12:30 pm	23 Pickleball 6:30 - 9 am 1 - 2:30 pm Euchre 10 am - 12:30 pm Older Adult Basketball - West Gym 11 am - 1 pm	24 Pickleball 6:30 - 10 am Noon to 2:30 pm Knitting/Crocheting/ Handcrafting Group 10 am to Noon	25 Pickleball 6:30 - 9 am 12:45 - 2:30 pm Deb Grasso Presents: Empowering Caregivers: Responding to Dementia - Related Behavior. Sign up at the Front Desk 12:45 - 1:45 pm
28 Happy Halloween!! Halloween Social - Costume Optional 12:45 - 2 pm	29 Pickleball 6:30 - 10 am Noon to 2:30 pm Dominoes 10 am - 12:30 pm	30 Pickleball 6:30 - 9 am 1 - 2:30 pm Euchre 10 am - 12:30 pm Older Adult Basketball - West Gym 11 am - 1 pm	31 Knitting/Crocheting/ Handcrafting Group 10 am to Noon	

*Great news! We're making improvements! All Active Older Adult events will take place in the Strong Kids Room!
Email michelle.bileschi@rochesterymca.org with any questions, interests, or talents!