



# ACTIVE ADULT PROGRAMMING NORTHWEST FAMILY BRANCH NOVEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> Pickleball 6:30 - 9 am 12:45 - 2:30 pm
<b>4</b> Pickleball 6:30 - 9 am   12:45 - 2:30 pm Recipe Exchange Group 12:45 - 2 pm Peanut Butter & Jelly Factory: Volunteers will make sandwiches for the Open Door Mission's general distribution to the area's homeless 10 am	<b>5</b> Pickleball 6:30 - 10 am Noon to 2:30 pm  Dominos 10 am - 12:30 pm	<b>6</b> Pickleball 6:30 - 9 am   1 - 2:30 pm  Euchre - Strong Kids Room 10 am - 12:30 pm  Older Adult Basketball - West Gym 11 am - 1 pm	<b>7</b> Pickleball 6:30 - 10 am Noon to 2:30 pm  Knitting/Crocheting/ Handcrafting Group 10 am to Noon	<b>8</b> Pickleball 6:30 - 9 am 12:45 - 2:30 pm  Fleet Feet: Benefits of Wearing Proper Fitting Shoes & Insoles with Alex - Sign up at Front Desk & Meet in Strong Kids Room 12:45 - 1:45 pm
<b>11</b> Pickleball 6:30 - 9 am 12:45 - 2:30 pm	<b>12</b> Pickleball 6:30 - 10 am Noon to 2:30 pm  Dominos 10 am - 12:30 pm	<b>13</b> Pickleball 6:30 - 9 am   1 - 2:30 pm  Euchre - Strong Kids Room 10 am - 12:30 pm  Older Adult Basketball - West Gym 11 am - 1 pm	<b>14</b> Pickleball 6:30 - 10 am Noon to 2:30 pm  Knitting/Crocheting/ Handcrafting Group 10 am to Noon	<b>15</b> Pickleball 6:30 - 9 am 12:45 - 2:30 pm  RocDog Therapy Dogs - Strong Kids Room 12:45 - 1:45 pm
<b>18</b> Pickleball 6:30 - 9 am 12:45 - 2:30 pm  Recipe Exchange Group 12:45 - 2 pm	<b>19</b> Pickleball 6:30 - 10 am Noon to 2:30 pm  Dominos 10 am - 12:30 pm	<b>20</b> Pickleball 6:30 - 9 am   1 - 2:30 pm  Euchre - Strong Kids Room 10 am - 12:30 pm  Older Adult Basketball - West Gym 11 am - 1 pm	<b>21</b> Pickleball 6:30 - 10 am Noon to 2:30 pm  Knitting/Crocheting/ Handcrafting Group 10 am to Noon	<b>22</b> Pickleball 6:30 - 9 am 12:45 - 2:30 pm  Deb Grasso Presents: Empowered Caregiver - Exploring Care & Support Services - Strong Kids Room & Sign up at Front Desk 12:45 - 1:45 pm
<b>25</b> Pickleball 6:30 - 9 am 12:45 - 2:30 pm	<b>26</b> Pickleball 6:30 - 10 am Noon to 2:30 pm  Dominos 10 am - 12:30 pm	<b>27</b> Pickleball 6:30 - 9 am   1 - 2:30 pm  Euchre - Strong Kids Room 10 am - 12:30 pm  Older Adult Basketball - West Gym 11 am - 1 pm	<b>28</b> Happy Thanksgiving! Branch Hours: 8 am to Noon  *Knitting/Crocheting/ Handcrafting Group cancelled today*	<b>29</b> Pickleball 6:30 - 9 am 12:45 - 2:30 pm

Email [michelle.bileschi@rochesterymca.org](mailto:michelle.bileschi@rochesterymca.org) with any questions, interests, or talents!