



ACTIVE ADULT PROGRAMMING BAY VIEW FAMILY BRANCH DECEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Room Closed for Ornament Painting 11:30 am - 1 pm	3	4	5	6
9	10 Trainer Tips with Steve: Yoga 11:30 am	11	12	13
16 Blood Pressure Office Hours with Rita 9:30 - 11 am	17	18 Mindfulness with Vicki 9 am	19	20
23	24	25 Happy Holidays! Branch Closed	26	27
30	31			