



ACTIVE ADULT PROGRAMMING SANDS FAMILY BRANCH DECEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 A "Toast" to Monday - Community Room 10 - 11:45 am AOA/Childcare build a Gingerbread House 9 - 10 am Winter Planning Meeting 12:45 pm	3 AOA Makers Space 10 am to Noon Line Dancing - Studio C 12:30 pm	4 Senior Basketball (Ages 55+) 8 - 10 am MahJong Noon	5 Euchre Noon	6 AOA Christmas Movie Party - "White Christmas" Hot Chocolate Bar and Popcorn 12:30 pm High Low Jack Game 2 pm
9 A "Toast" to Monday - Community Room 10 - 11:45 am Craft: Quilt Square Christmas Trees 12:45 pm	10 Mexican Train Dominoes 12:15 pm	11 Senior Basketball (Ages 55+) 8 - 10 am MahJong Noon	12 Lunch Bunch - Sign up by 12/6 11 am Euchre Noon	13 Sit and Stitch 12:45 pm High Low Jack Game 2 pm
16 A "Toast" to Monday - Community Room 10 - 11:45 am Book Club: The Spectacular by Fiona Davis 12:30 pm	17 AOA Makers Space 10 am to Noon Christmas Music Bingo 12:45 pm	18 Senior Basketball (Ages 55+) 8 - 10 am MahJong Noon	19 Euchre Noon	20 Felt Ornament: Christmas Stocking 12:45 pm High Low Jack Game 2 pm
23 A "Toast" to Monday - Community Room 10 - 11:45 am Sit and Stitch 12:45 pm	24 Christmas Eve! Happy Holidays! Branch Hours: 8 am to Noon	25 Christmas! Happy Holidays! *Branch Closed*	26 Euchre Noon	27 MahJong Noon High Low Jack Game 2 pm
30 A "Toast" to Monday - Community Room 10 - 11:45 am	31 Happy New Years Eve! Branch hours: 5:30 am - 2 pm			



EVENT DESCRIPTIONS

AOA Christmas Movie Party

"White Christmas" and a Hot Chocolate Bar! Come celebrate with a holiday classic

AOA/Childcare Collaboration

It's time for our first AOA/Childcare event, building gingerbread houses! Meet us in the Community Room

A "Toast" to Mondays

Do you like toast and jam? Come and make yourself a piece of toast in the Community Room and chat with other members of our AOA Community. We hope this becomes part of your regular Monday morning routine either before or after class

AOA Winter Planning Meeting

Join us in the Community Room to help plan for January, February, and March 2025

Line Dancing

Join us in Studio C for some Line Dancing

AOA Open Makers Space

The Innovation Station will be open to our AOA Community for 2 hours so you can explore your creative side by learning a new craft/skill or work in a media that you love. Note - no programming 12/10, 12/24, and 12/31

Senior Basketball (Ages 55+)

Come shoot some hoops and play a few pickup games of basketball

Sands AOA Lunch Bunch

Join us this month at Eric's Office (2574 County Road 28 Canandaigua, NY 14424). Sign up is required by 12/6 at the Member Services Desk

MahJong Open Play

The Y has 3 sets. If you have your own set, please consider bringing it. Mahjong is a traditional Chinese tile-based game that involves skill, strategy, and a bit of luck. Players match tiles to form sets and pairs, aiming to complete a winning hand based on specific patterns and rules

Euchre Open Play

Join us for open play, come enjoy the game. Euchre is a trick-taking card game typically played with four players in two partnerships.

The game involves a trump suit and players work to win tricks and achieve the predetermined number of points needed for victory

December Craft: Quilt Square Christmas Trees

Come to the Community Room and create a beautiful Holiday Decoration! Sign up required at the Member Services Desk

Book Club

December's book is *The Spectacular* by Fiona Davis

Train Dominos Open Play

Come join us in the Community Room for some Train Dominoes

High Low Jacks Game

High-low-jack, also known as Pitch or Setback, is a trick-taking card game where players score points by winning the highest and lowest trumps, the jack of trumps, and either the ten of trumps or the most points

Sit and Stich

Come join us for some crafting time on your current project and enjoy time with fellow members and staff. If you are interested in learning a new craft, please email Sandi at sandi.heacock@rochesterymca.org

Christmas Music Bingo

Join us in the Community Room to play bingo for prizes

Felt Ornament

Let's make some felt ornaments! Basic sewing/embroidery skills helpful but not required. Please sign up at the Member Services Desk

2025 Walking Challenge Information & Kick Off

Are you ready for our next Walking Challenge? Come learn more about our next Walking Challenge? Come learn more about our yearlong challenge and a chance to win a great prize

Scan the QR code and join our YMCA AOA Facebook group to stay updated on all AOA Programming!



Email sandi.heacock@rochesterymca.org with any questions, interests or talents