



# ACTIVE ADULT PROGRAMMING SCHOTTLAND FAMILY YMCA DECEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Story & Cookie Decorating with AOA's & Schottland Childcare Center - Kushner Room 12:15 - 1 pm  Knitting/Crochet Club - Kushner Room 1 - 2 pm	<b>3</b> MahJong - Kushner Room Noon to 1 pm	<b>4</b> Art with Mikayla: Winter Greeting Cards - Art Studio & sign up at Member Services Noon to 1 pm  Euchre/cards - Kushner Room Noon	<b>5</b> Dr. Larry Peshkin Chiropractor: Fall Prevention - Kushner Room Noon to 12:45 pm  Bridge - Kushner Room 2 - 4 pm	<b>6</b> Story and Holiday Craft with Schottland Pre-K 4 year olds - Kushner Room 10 - 10:45 am  Hand & Foot Cards - Kushner Room Noon to 2 pm
<b>9</b> Holiday Card Making for our friends at Glenmere/Cloverwood Assisted Living - Kushner Room Noon to 1 pm	<b>10</b> MahJong - Kushner Room Noon to 1 pm	<b>11</b> Art with Mikalya: Collage Ornaments - Art Studio & sign up at Member Services Noon to 1 pm  Euchre/cards - Kushner Room Noon to 1 pm	<b>12</b> Holiday Gift Tag Making with Janet - Kushner Room Noon to 1 pm  Bridge - Kushner Room 2 - 4 pm	<b>13</b> AOA Holiday Party - Kushner/Conference Room & Sign up at Member Services for attendance & an appetizer or dessert to pass Noon to 1 pm  Therapy Dogs - Kushner Room & West Entrance Noon to 12:45 pm
<b>16</b> Book Club: West With Giraffes by Linda Rutledge - Conference Room Noon to 1 pm *12/15 - HFL Community Band Holiday Concert at St. Catherine Church in Mendon at 2 pm*	<b>17</b> MahJong - Kushner Room Noon to 1 pm	<b>18</b> In the Kitchen with Chef Koren: Sweet Potato Brownies - Kushner Room Noon to 12:45 pm  Euchre/Cards - Kushner Room Noon to 1 pm  Visit to George Eastman House - \$ 19 pp & Register at Member Services Noon to 1 pm	<b>19</b> Bridge - Kushner Room 2 - 4 pm	<b>20</b> Hand and Foot Cards Kushner Room Noon to 2 pm
<b>23</b> Holiday Trivia with Janet - Kushner Room Noon to 12:30 pm	<b>24</b> Merry Christmas Eve! Branch Hours: 8 am to Noon	<b>25</b> Merry Christmas! YMCA Branch Closed	<b>26</b>	<b>27</b>
<b>30</b>	<b>31</b> MahJong - Kushner Room Noon to 1 pm			

See reverse for event descriptions.

Email [janet.paris@rochesterymca.org](mailto:janet.paris@rochesterymca.org) with any questions, interests or talents



# EVENT DESCRIPTIONS

## **Intergenerational Activities with Schottland Childcare Center and Preschool Kids**

Join us in the Kushner Room on two dates for a special visit with our little ones from our Skalny Child Care Center and our Preschool 4 year olds. Spend time crafting and reading with these sweet, little ones

## **Dr. Larry Peshkin**

Join us in the Kushner Room to meet Dr. Peshkin, Licensed chiropractor, to learn fall prevention methods

## **Holiday Card Making**

Join Janet in the Kushner Room for a holiday card making for the residents of Glenmere Assisted Living at Cloverwood. Brighten someone's day with a holiday card and special note

## **Holiday Tag Making**

Join Janet in the Kushner Room to make adorable, holiday tags for your gifts

## **AOA Holiday Party**

Happy Holidays! Sign up at Member Services for attendance. The YMCA will provide the entree. Please bring a dessert or appetizer to pass

## **HFL Community Band Holiday Concert**

A beautiful afternoon of music. Join Schottland Member and Flautist, Sheryl for a joyful holiday concert at St. Catherine's Church in Mendon (26 Mendon Ionia Road Mendon, NY 14506)

## **Knitting/Crochet Club**

Bring your projects, share patterns, ideas, and knitting/crochet knowledge

## **In the Kitchen with Chef Koren**

This month's recipe, Sweet Potato Brownies

## **George Eastman House Visit**

Join Eastsides YMCA AOA Coordinator, Theresa, at the George Eastman House for a self-guided tour and to see the annual Gingerbread House Display. Our Eastside YMCA AOA's have created one for the display. Register at any branch Member Service Desk for \$19 per person (900 East Ave. Rochester, NY 14607)

## **Art Projects with Mikayla**

Join art instructor, Mikayla, in the Miller Art Studio for textile crafts. Sign up at Member Services for attendance, space is limited

## **Book Club**

This month's book; West With Giraffes by Linda Rutledge

## **ROC Dog Therapy Dogs**

Stop in for some unconditional love from our furry friends

## **MahJong**

Open play. The Y has 2 sets. Please bring your own set if needed

## **Euchre**

Open play, groups of 4. Folks can rotate in if there is an odd number of players

## **Bridge**

Calling all bridge players. We are looking to start a Bridge club. Need groups of 4 and folks that can mentor new players. Let's try to get some folks together Fridays at Noon. Day/Time can be adjusted based on interested players

## **Hand and Foot Card Game**

We are looking to start the popular Hand and Foot Card Game club. The game is a variation of Canasta. Object is to be the first to get rid of all your cards, 'hand' first, and then 'foot.' Day/Time can be adjusted based on interested players

Scan the QR code and join our YMCA AOA  
Facebook group to stay updated  
on all AOA Programming!



Email [janet.paris@rochesterymca.org](mailto:janet.paris@rochesterymca.org) with any questions, interests, talents, or program requirements