



HEALTHY KIDS DAY[®]

FREE TO THE PUBLIC!
Register Online

NOON TO 2:30 PM; APRIL 26

EASTSIDE FAMILY YMCA Activities Include:

- The Village Room (Across from Family Gym)
 - Dance Party/Freeze Dance
 - Healthy Food Plate Craft
- Family Gym: Inflatables
- Main Gym
 - Healthy Snack Table
 - Shipwreck Race
 - Sports Skills and Drills: Basketball Layups, Hockey Sharp Shooting, Agility Ladder
 - Camp Fun: Archery, Magic Maze, Airbrush Tattoos
- Community Room: Robotics
- Pool Hallway: Safety Around Water Activities
- Rockwall: Open Climb, ages 6+

YMCA OF GREATER ROCHESTER
ROCHESTERYMCA.ORG

National Sponsor

PEANUTS

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