



# HEALTHY KIDS DAY<sup>®</sup>

**FREE TO THE PUBLIC!**  
Register Online

**NOON TO 2:30 PM; APRIL 26**

## MAPLEWOOD FAMILY YMCA

### Activities:

- Family Swim with Inflatables in the pool
- Open Play & Demos in Metro ESports Gaming Lounge
- Drop-in Tennis Clinic & Open Gym
- Nutrition Family Activity in Child Watch
- STEM Activities, Playground Activities Outside
- Food Station at the Lily Cafe
- Family Group Exercise Classes in the Studio
  - 12:30 pm: Family Zumba
  - 1:30 pm: Family Yoga

YMCA OF GREATER ROCHESTER  
ROCHESTERYMCA.ORG

National Sponsor

**PEANUTS**

© PNTS

452418 1/25