



HEALTHY KIDS DAY[®]

FREE TO THE PUBLIC!
Register Online

NOON TO 2:30 PM; APRIL 26

NORTHWEST FAMILY YMCA Activities Include:

- Preschool Fun in the Wegman Room
 - Make & Take Crafts, Coloring
- Youth Sports in the West Gym
 - Preschool Obstacle Course, Youth Soccer & Basketball Skills Games
- Camp Northpoint Games in the East Gym
 - Gaga Ball
- Water Games in the Pool
 - Rubber Ducky Party (Noon to 1 pm), Beach Ball Bonanza (1-2 pm)
- Kids Games in the Strong Kids Room
 - Board Games, Legos, STEM Activities, Face Painting
- Family Group Exercise Class in the Aerobics Studio
 - Born to Move
- A sensory area will be available

YMCA OF GREATER ROCHESTER
ROCHESTERYMCA.ORG

National Sponsor

PEANUTS

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