

YOUTH PROGRAMMING NORTHWEST FAMILY YMCA | APRIL 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Gym: Space Invaders SK: Jumbo Games	Esports Night	Gym: Gaga SK: Legos	Family Fun!
7 STEAM: Cloud in a Jar	Gym: Kickball SK: Board Games	9 Esports Night	Gym: Hula Hoop Games SK: Jumbo Games	Parent's Time Off!
STEAM: Coffee Filter Easter Wreath	Gym: Castle Towers SK: Legos	16 Esports Night	Gym: Knockout Basketball SK: Board Games	18
21 STEAM: Egg Drop Challenge	Gym: Mousetrap SK: Jumbo Games	Esports Night	Gym: Relay Races on Scooters	25
28 STEAM: Glow in the Dark Jellyfish	29 Gym: Ultimate Frisbee	30 Esports Night		

PRIME TIME, 6:15–7:15 pm Monday–Thursday:

Children must be checked into Child Watch to participate and must have sneakers to play in Gym activities.

SK: Strong Kids Room

FAMILY FUN NIGHT, 6-8 pm:

Hop on over for a night of family fun! Join us for an Easter Egg Hunt and enjoy exciting activities for all ages. Doors open at 6 pm, so bring the whole family for a night of games, laughter, and springtime fun! Don't forget to bring your basket for collecting eggs and your adventurous spirit for a night full of surprises.

PARENTS TIME OFF, 5:30-7:30 pm:

Parents Time Off is a fun evening for the kids, so parents can have a few hours to themselves. Includes swimming, pizza, and fun games for the kids, so don't forget the swimsuit and towel! Registration required at the front desk or online! \$25 for the first child, \$15 for additional children.

QUESTIONS?

Contact: Kelsey VanDerMeid Staff Associate, YMCA Northwest Family YMCA 730 Long Pond Road, Rochester NY 14612 Direct: (585) 723–5470 Kelsey.VanDerMeid@RochesterYMCA.org

HEALTHY KIDS DAY Noon to 2:30 pm; April 26

Join us for a variety of activities like Obstacle Courses, Sports, Make & Take Crafts, Pool Games, STEM Activities and more!

This event is open to the community!

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