



HEALTHY KIDS DAY[®]

**FREE TO
THE PUBLIC!**
Register Online

NOON TO 2:30 PM; APRIL 26

**THE THURSTON ROAD YMCA
NEIGHBORHOOD CENTER**

We'll be bringing in a presenter to share about healthy eating habits and choices along with some fun cooking demonstrations! Healthy snacks will also be available for participants.

YMCA OF GREATER ROCHESTER
ROCHESTERYMCA.ORG

National Sponsor

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