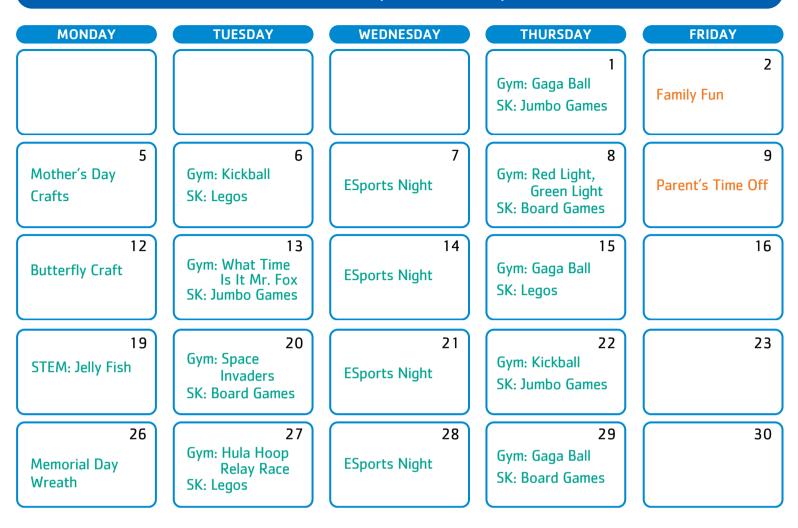


YOUTH PROGRAMMING Northwest Family YMCA | May 2025



Prime Time, 6:15-7:15 pm Monday-Thursday:

Children must be checked into Child Watch to participate and must have sneakers to play in Gym activities. SK: Strong Kids Room

Parent's Time Off, 6-8 pm:

Need a night to yourself? Parents Time Off is the perfect chance for you to

relax while your kids have an unforgettable evening of fun at the Northwest Family YMCA! Kids will enjoy an exciting night filled with swimming, pizza, and engaging games, all supervised by our friendly staff. Be sure to so they're ready to dive into the fun! Registration is required at the front desk or online. Spaces fill up fast, so don't wait! Give yourself a well-deserved break while your kids make memories—don't miss out on this exciting night!

Family Fun, 5:30-7:30 pm:

Join us for a fun and creative Family Paint & Sip Night at the Northwest Family YMCA! All ages are welcome to enjoy an evening of painting, kid-friendly drinks like juice, and quality time together. Doors open at 6 pm, no experience needed, just bring your imagination! Make sure to register online, we have a capacity and spaces are filling fast!

QUESTIONS?

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