



ACTIVE OLDER ADULT PROGRAMMING

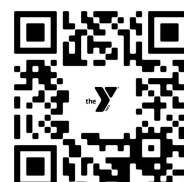
SANDS FAMILY YMCA | MAY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Noon Euchre - Community Room	2 12:30-2 pm First Friday Senior Bingo 2 pm Pitch - Community Room
5 10:30 am Beginner Mahjong - Community Room 12:30 pm Mexican Train Dominos - Community Room	6 10 am to Noon Maker's Space - Innovation Station Noon Euchre - Community Room	7 11 am AOA Committee Meeting - Community Room Noon Mahjong Community Room	8 11:30 am Lunch Bunch: Simply Crepes in Canandaigua Noon Euchre - Community Room	9 12:30 pm Line Dancing - Studio C 2 pm Pitch - Community Room
12 10:30 am Beginner Mahjong - Community Room 12:30 pm *Craft: Quilled Bouquets - Community Room	13 10 am to Noon Maker's Space - Innovation Station Noon Euchre - Community Room	14 Noon Mahjong - Community Room	15 10:30 am Intro to Euchre - Community Room Noon Euchre - Community Room	16 10 am Walking Group: Wegmans Parking Lot - Meet at Far Right lot 12:30 pm *Felt Ornament - Community Room 2 pm Pitch - Community Room
19 10:30 am Beginner Mahjong - Community Room 12:30 pm Book Club: Boys of Riverside by Thomas Fuller - Community Room	20 10 am to Noon Maker's Space - Innovation Station Noon Euchre - Community Room	21 Noon Mahjong - Community Room	22 10 am Scrabble Day - Community Room Noon Euchre - Community Room	23 11 am *Presentation by Author Jeffery Smith - Community Room 2 pm Pitch - Community Room
26 Happy Memorial Day! Branch is Open from 8 am to Noon	27 Noon Euchre - Community Room	28 Noon Mahjong - Community Room	29 Noon Euchre - Community Room	30 12:30PM Sit'n Stitch - Community Room 2 pm Pitch - Community Room

Please email
Sandi.Heacock@RochesterYMCA.org with
any questions, concerns, or talents!

*Notes registration is required.

Join the Active Older Adults at the
YMCA of Greater Rochester
Facebook Group!
Scan the QR code:





EVENT DESCRIPTIONS

First Friday Event: AOA Bingo Party

Come for the fun with Food and Prizes. Everyone is Welcome! This activity will always be scheduled for the first Friday of each month.

Mexican Train Dominos

Open play. Come join us in the Community Room for some Train Dominos. Beginners are welcome.

AOA Committee Meeting

We want to hear from you! Come in and help plan our AOA community Activities for 2025. New members are always welcome.

***Sands AOA Lunch Bunch**

Simply Crepes in Canandaigua. Sign Up at Member Services Desk.

Line Dancing

Come and Learn a new line dance each month. Everyone is welcome. This class will always be scheduled for the second Friday of each month.

***May Craft: Quilled Bouquets**

Come and explore your creative side with a beautiful paper flowers. Each bouquet is created with rolled strips of paper. Sign Up at Member Services Desk.

Intro to Euchre

Come and learn or get a refresher on this fun and exciting card game. Euchre is a trick-taking game typically played with four players in two partnerships. The game involves a trump suit, and players work to win tricks and achieve the predetermined number of points needed for victory.

Walking Group

Let's walk together. We will meet at the Wegmans parking lot to the right of the store. We will be walking up to Main Street, by Kershaw Park, and back to Wegmans. This is about a 2.5mile walk. We will also discuss the location/path of our next walk.

***Felt Ornament MAL**

Lets make some felt ornaments! basic sewing/embroidery skills helpful but not required. Please sign up at Member Service Desk.

AOA Book Club

May's book is Boys of Riverside by Thomas Fuller.

***Presentation by Jeffery A Smith**

Author Jeffery A. Smith will be talking to our AOA members about his journey from his story idea to Self-Publishing. Sign Up at Member Services Desk.

Scrabble Day

Come in and play some classic scrabble.

Sit `n Stitch

Come join us for some crafting time on your current project and enjoy time with fellow members and staff. If you are interested in learning a new craft, please email Sandi at sandi.heacock@rochesterymca.org

Beginner Mahjong

Come join our 6-week class to learn the ins and outs of tile game of MahJong. This session classes run from 4/21/2025-6/2/2025. Next session will begin at the end of June 2025.