



# ADULT PROGRAMMING

THE THURSTON ROAD YMCA NEIGHBORHOOD CENTER | MAY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
		10:30 am Foodlink Curbside Market		
5 10:30 am Foodlink Presentation Fruit Smoothies  Flower Sale order forms due today	6	7 10:30 am Foodlink Curbside Market	8	9 10 am AOA Game Day
12 10 am AOA Arts & Crafts  9-11 am Visit from Rochester Prep	13	14 10:30 am Foodlink Curbside Market	15 Day of Caring!	16 10 am AOA Game Day
19 10 am AOA Arts & Crafts	20	21 11 am AOA Bowling Activity  10:30 am Foodlink Curbside Market	22	23 10 am AOA Birthday Celebration
26 BRANCH CLOSED	27	28 10:30 am Foodlink Curbside Market	29	30

Please email [shanique.davis@RochesterYMCA.org](mailto:shanique.davis@RochesterYMCA.org) with any questions, concerns, or talents!

\*Notes registration is required.

Join the Active Older Adults at the  
YMCA of Greater Rochester  
Facebook Group!  
Scan the QR code:

