



# ACTIVE OLDER ADULT PROGRAMMING

SANDS FAMILY YMCA | JUNE 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>2</div> <div><b>10 am</b> Beginner Mahjong - Community Room</div> <div><b>12:30 pm</b> Mexican Train Dominos - Community Room</div>	<div>3</div> <div><b>10 am to Noon</b> Maker's Space - Innovation Station</div> <div><b>Noon</b> Euchre - Community Room</div>	<div>4</div> <div><b>11 am</b> AOA Committee Meeting - Community Room</div> <div><b>Noon</b> Mahjong - Community Room</div> <div>Last Call! AOA Celebration Registration Closes at Noon Today!</div>	<div>5</div> <div><b>9:30 am</b> *AOA &amp; Childcare Collaboration "Let's Bake" - Community Room</div> <div><b>Noon</b> Euchre - Community Room</div>	<div>6</div> <div><b>12:30-2 pm</b> First Friday Senior Bingo</div> <div><b>2 pm</b> Pitch - Community Room</div>
<div>9</div> <div><b>10 am</b> Beginner Mahjong - Community Room</div> <div><b>12:45 pm</b> *Patriotic Craft- Community Room</div>	<div>10</div> <div><b>10 am to Noon</b> Maker's Space - Innovation Station</div> <div><b>Noon</b> Euchre - Community Room</div>	<div>11</div> <div><b>9:30 am-2 pm</b> *AOA Celebration - Bay View Family YMCA</div>	<div>12</div> <div><b>10 am</b> Scrabble Day - Community Room</div> <div><b>Noon</b> Euchre - Community Room</div>	<div>13</div> <div><b>12:30 pm</b> Line Dancing - Studio C</div> <div><b>2 pm</b> Pitch - Community Room</div>
<div>16</div> <div><b>10 am</b> Beginner Mahjong - Community Room</div> <div><b>12:30 pm</b> Book Club: The Most Fun We Ever Had by Claire Lombardo</div>	<div>17</div> <div><b>10 am</b> *CNB Presentation: Estate Planning</div> <div><b>Noon</b> Euchre - Community Room</div>	<div>18</div> <div><b>10 am</b> Walking Group: Wegmans Parking Lot - Meet at Far Right lot</div> <div><b>Noon</b> Mahjong - Community Room</div>	<div>19</div> <div><b>10 am</b> Intro to Mahjong - Community Room</div> <div><b>Noon</b> Euchre - Community Room</div>	<div>20</div> <div><b>12:30 pm</b> *Felt Ornament - Community Room</div> <div><b>2 pm</b> Pitch - Community Room</div>
<div>23</div> <div><b>10 am</b> Beginner Mahjong - Community Room</div> <div><b>12:30 pm</b> Lunch Bunch - Simply Crepes</div>	<div>24</div> <div><b>10 am to Noon</b> Maker's Space - Innovation Station</div> <div><b>Noon</b> Euchre - Community Room</div>	<div>25</div> <div><b>10 am</b> Sit 'n Stitch - Community Room</div> <div><b>Noon</b> Mahjong - Community Room</div> <div><b>12:30 pm</b> Senior Splash Luncheon - Cheap Charlie's</div>	<div>26</div> <div><b>10 am</b> Scrabble Day - Community Room</div> <div><b>Noon</b> Euchre - Community Room</div>	<div>27</div> <div><b>Noon</b> *Summer Concert- Group Therapy</div> <div><b>2 pm</b> Pitch - Community Room</div>
<div>30</div> <div><b>10:30 am</b> Beginner Mahjong - Community Room</div> <div><b>12:30 pm</b> *Resin Jewelry Craft - Community Room</div>				

Please email [Sandi.Heacock@RochesterYMCA.org](mailto:Sandi.Heacock@RochesterYMCA.org)  
with any questions, concerns, or talents!

\*Notes registration is required.

Join the Active Older Adults at the  
YMCA of Greater Rochester  
Facebook Group!  
Scan the QR code:





## EVENT DESCRIPTIONS

### **AOA Celebration at Camp Bay View**

Come celebrate the YMCA of Greater Rochester's AOA Community with fitness classes, zip lining, music, crafts, boating, and so much more! Registration is open now. The cost is \$20.00 per person. We hope to see you there!

### **First Friday Event: AOA Bingo Party**

Come for the fun with Food and Prizes. Everyone is Welcome! This activity will always be scheduled for the first Friday of each month.

### **\*CNB Presentation: Estate Planning**

Come listen to the experts on the topic of Estate Planning. Registration required.

### **Mexican Train Dominos**

Come join us in the Community Room for some Train Dominos. Beginners are welcome.

### **AOA Committee Meeting**

We want to hear from you! Come in and help plan our AOA community Activities for 2025. New members are always welcome.

### **AOA/Childcare Collaboration Let's Bake Together**

Volunteers needed. Please contact Sandi at [sandi.heacock@rochesterymca.org](mailto:sandi.heacock@rochesterymca.org).

### **Line Dancing**

Come and Learn a new line dance each month. Everyone is welcome. This class will always be scheduled for the second Friday of each month.

### **\*Patriotic June Craft**

Come and explore your creative side with a patriot craft to celebrate the July 4th Holiday. Registration Required!

### **Intro to Mahjong**

Come and learn how to play this tile game.

### **Walking Group**

Let's walk together. Meet at Wegman's parking lot near the pond. Our walk is just shy of 3 miles.

### **\*Felt Ornament MAL**

Lets make some felt ornaments! basic sewing/embroidery skills helpful but not required. Please sign up at Member Service Desk.

### **AOA Book Club**

June's book is Den of Lions by Terry Anderson.

### **\*Summer Concert – Group Therapy**

Join us in the Community Room for the Group Therapy Country Grass Banjo Band. This band will cover bluegrass, rock and folk music. Light refreshments and drinks will be served. Sign up today at our Member Service Desk!

### **Senior Splash Luncheon**

Come and enjoy this monthly tradition for the Senior Splash Class (last Wednesday of the Month) at Cheap Charlies in Bloomfield.