ACTIVE OLDER ADULT PROGRAMMING SCHOTTLAND FAMILY YMCA JULY 2025

Noon 1 Train Dominoes - Kushner Room Noon Sme Day: Trivia With Janet - Kushner Room Noon Sme Day: Trivia With Janet - Kushner Room 12:15-1pn Javid Semirul Train Dominoes - Kushner Room 10 Noon to 12:45 pm AOA Game Time Pettre Game Kushner Room Noon to 5 pm Red Cross Blood Drive - Kushner Room Noon to 5 pm Red Cross Blood Drive - Kushner Room 10 12:15-1pn Javid Semirul Train Dominoes - Conference Room Noon to 2 pm Pettre Game Fredering & Mexican Train Dominoes - Kushner Room Noon to 2 pm Part With Makeyia Semirul Train Dominoes - Conference Room Noon to 2 pm Part With Makeyia Semirul Train Dominoes - Conference Room 12:15-1pm Part With Makeyia Semirul Train Dominoes - Conference Room 10 14 15 16 17 12:15-1 pm Part Semirul Freedring & Mexican Train Dominoes - Conference Room 12:15-1 pm Train Dominoes - With Makeyia Rolled Drives - Kushner Room 17 14 15 16 17 14 15 16 15 16 17 16 17 12:15-1 pm Traines with Makeyia Semire Ar Studio 16 17 12:15-1 pm Traines with Makeyia Semire Ar Studio 16 17 12:15-1 pm Traines Predictards Kushner Room 17 10 10 16 17 17 12:15-1 pm Traine Predictards Kushner Room 18 130-22:30 pm Traine Predictards Kushner Room <t< th=""><th colspan="5">SCHOTTLAND FAMILY YMCA JULY 202</th></t<>	SCHOTTLAND FAMILY YMCA JULY 202				
Noon Train Dominoes - Kushner Room Noon Same Day: Trivia with Janet - Kushner Room Happy 4* of July! Branch Closed Noon to 12:45 pm AOA Game Time With Janet - Kushner Room Noon to 5 pm Red Cross Blood Drive - Kushner Room 9 Noon to 12:45 pm Red Cross Blood Drive - Kushner Room 12:15 - 1pm Javid Skitted Devices, How to Make Devices, How to Make Device - Kushner Room 12:15 - 1pm Javid Skitted Devices, How to Make Devices, Composite Devices, How to Make Devices, How to Mak	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Noon to 12:45 pm AOA Game Time with Janet. Name the Celebrity Baby Fiture Game - Kushner Room Noon to 5 pm Red Cross Blood Drive - Kushner Room Noon to 5 pm Red Cross Blood Drive - Kushner Room Noon to 5 pm Red Cross Blood Drive - Kushner Room Noon to 12:45 pm Rod Dog: West Kushner Room Noon to 12:45 pm Presentation: Assisted Devices, How to Make Devices, How to		Mahjong & Mexican Train Dominoes -	Noon Euchre/Cards - Kushner Room Noon Game Day: Trivia with Janet -	3	
Noon to 1 pm Episcopal Senior Life Presents: All About Brain Health - Kushner RoomNoon Euchre/Cards - Kushner Room12:15-1 pm 'Making Wind Twirlers with the Legacy at Clover BlossomNoon to 2 pm Had & Foot Cards Kushner Room1-2 pm 'Abstract Watercolors Wiley (NEW Open Watercolors with Mikayla - Miler Art Studio1-2 pm 'Abstract Watercolors with Mikayla - Miler Art Studio1-2 pm 'Abstract Watercolors with Mikayla - Miler Art Studio1.2 pm 'Abstract Watercolors with Mikayla - Miler Art StudioNoon to 2 pm Hand & Foot Cards Fusiner Room212122232425Noon to 1 pm Book Club: The Queens of Crime by Conference RoomNoon Mahjong & Mexican Train Dominoes - Kushner Room1:30-2:30 pm 'Social Game Hour at Glenmere/Cloverwood (Space is limited to 8) 2-3 pm 'Art With Mikayla - Miler Art Studio2425Noon to 1:20 pm 'Stroil the Canal at Schoen Place with Janet (meet at 12:15)Noon Noon L-2 pm 'Landscape Watercolors with Mikayla - Miler Art Studio311:2:30-1:30 pm 'Stroil the Canal at Schoen Place with Janet (meet at 12:15)Noon Noon L-2 pm 'Landscape Watercolors with Mikayla - 'Landscape Watercolors with Mikayla -301:2:30-1:30 pm 'Antiting/Crochet Club Coal TowerNoon L-2 pm 'Landscape Watercolors with Mikayla -311:2:30-1:30 pm 'Landscape Watercolors with Mikayla - 'Landscape Watercolors with Mikayla -Noon Luchre/Cards - Kushner Room311:2:30-1:30 pm 'Landscape Watercolors with Mikayla -1-2	AOA Game Time with Janet: Name the Celebrity Baby Picture Game -	Noon to 5 pm Red Cross Blood Drive - Kushner Room Noon to 2 pm Mahjong & Mexican Train Dominoes -	Noon Euchre/Cards - Kushner Room 1–1:30 pm In the Kitchen with Chef Koren: Watermelon Salsa - Kushner Room 2–3 pm *Art with Mikayla: Rolled Paper Picture Frame -	12:15-1pm Jewish Senior Life Technology Presentation: Assisted Devices, How to Make them Work for You! - Kushner Room 2-4 pm Bridge -	ROC Dog Therapy Dogs- West Entrance/Kushner Room Noon to 2 pm Hand & Foot Cards -
Noon to 1 pm Book Club: The Queens of Crime by Marie Benedict - Conference RoomNoon Mahjong & Mexican Train Dominoes - Kushner RoomNoon Euchre/Cards - Kushner Room1:30-2:30 pm *Scial Game Hour at Glemmer/Cloverwood (Space is limited to 8) 2-4 pm Bridge - kushner RoomNoon to 1:30 pm *AOA Time in the Kitchen with Jeff Cogan. Let's Make Hummus! - Palmer's Kitchen2829303112:30-1:30 pm *Stroll the Canal at Schoen Place with Janet (meet at 12:15 pm. Parking lot next to Coal Tower)2930311-2pm Knitting/Crochet Club - Conference Room1-2 pm (NEW) Open Watercolors with Mikayla - Miller Art Studio1-2 pm (NEW) Open Watercolors with Mikayla - Miller Art Studio312-3 pm *Undscape Watercolors with Mikayla - Miller Art Studio2-3 pm *Com Palmer's Closer Watercolors With Mikayla - Miller Art Studio312-2 pm *Undscape Watercolors With Mikayla - Miller Art Studio2-3 pm *Com *Conference Room312-3 pm *Undscape Watercolors With Mikayla - With Mikayla -312-4 pm *Undscape Watercolors With Mikayla - With Mikayla - With Mikayla - With Mikayla - With Mikayla -312-3 pm With Mikayla - With Mikayla - With Mikayla - With Mikayla - With Mikayla -312-3 pm With Mikayla - With Mikayla - With Mikayla - With Mikayla -313132-3 pm With Mikayla - With Mikayla	Noon to1 pm Episcopal Senior Life Presents: All About Brain Health -	Noon Mahjong & Mexican Train Dominoes - Kushner Room 1-2 pm *Abstract Watercolors with Mikayla - Miller Art Studio 2-3 pm (NEW) Open Watercolors with Mikayla -	Noon Euchre/Cards - Kushner Room 1-2 pm *Abstract Watercolors with Mikayla - Miller Art Studio 2-3 pm (NEW) Open Watercolors with Mikayla -	12:15-1 pm *Making Wind Twirlers with the Legacy at Clover Blossom 2-4 pm Bridge -	Hand & Foot Cards -
12:30-1:30 pm *Stroll the Canal at Schoen Place with Janet (meet at 12:15 pm. Parking lot next to Coal Tower)Noon Mahjong & Mexican Train Dominoes - Kushner RoomNoon Euchre/Cards - Kushner Room2-4 pm Bridge - Kushner Room1-2 pm *Landscape Watercolors with Mikayla - Miller Art Studio1-2 pm *Landscape Watercolors with Mikayla - Miller Art Studio1-2 pm swith Mikayla - Miller Art Studio	Noon to 1 pm Book Club: The Queens of Crime by Marie Benedict -	Noon Mahjong & Mexican Train Dominoes -	Noon Euchre/Cards - Kushner Room 2-3 pm *Art with Mikayla: Rolled Paper Picture Frames -	1:30-2:30 pm *Social Game Hour at Glenmere/Cloverwood (Space is limited to 8) 2-4 pm Bridge -	*AOA Time in the Kitchen with Jeff Cogan. Let's Make Hummus! -
Miller Art Studio	12:30-1:30 pm *Stroll the Canal at Schoen Place with Janet (meet at 12:15 pm. Parking lot next to Coal Tower) 1-2pm Knitting/Crochet Club	NoonMahjong & Mexican TrainDominoes -Kushner Room1-2 pm*Landscape Watercolorswith Mikayla -Miller Art Studio2-3 pm(NEW) Open Watercolorswith Mikayla -with Mikayla -	Noon Euchre/Cards - Kushner Room 1-2 pm *Landscape Watercolors with Mikayla - Miller Art Studio 2-3 pm (NEW) Open Watercolors	2-4 pm Bridge -	

Please email janet.paris@RochesterYMCA.org with any questions, concerns, or talents! *Notes registration is required.

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Join the Active Older Adults at the YMCA of Greater Rochester Facebook Group! Scan the QR code:





EVENT DESCRIPTIONS

Game Time with Janet

Join Janet for some fun! Let's Play, Match the Celebrity to their Baby Picture.

In the Kitchen with Chef Koren

This month's demo-watermelon salsa, demonstration and recipe shared.

Technology Presentation

Join the tech team from Jewish Senior Life to learn about Assisted Devices and how to make them work for you.

Episcopal Senior Life Presents: Brain Health

Join Brian Potvin, Program Manager, in the Kushner Community Room to learn about cognitive brain health.

*Craft: Wind Twirlers

Join us in the Kushner room for a craft project with the staff from Legacy Clover Blossom. Sign up at Member Services for attendance.

Book Club

This month's discussion, The Queen of Crime by Marie Benedict.

*AOA Time in the Kitchen

This month Schottland's Executive Director, Jeff Cogan will roll up his sleeves to make hummus with you!

*Visit to Glenmere Assisted Living at Cloverwood

Join Janet for a visit with the residents at Glenmere Assisted Living at Cloverwood (activities vary each month, crafts, Bunco, games, refreshments, social.) Sign up at Member Services for attendance. Transport self (across from the Schottland Family YMCA – 1 Wheatley Terrace, Pittsford, behind Barn Bazarre)

ROC Dog Therapy Dogs

Stop in for some unconditional love from our furry friends.

Mahjong, Mexican Train Dominoes, Euchre, Bridge, Hand and Foot

All games are open play. Odd number of players rotate in. The YMCA has game sets and cards.

Knitting/Crochet Club

Bring your projects, patterns, share ideas and skills. This is not an instructor led class. Participants share knowledge and socialize.

*Art/Craft Projects with Mikayla

Join Art Instructor, Mikayla, in the Miller Art Studio for a craft project. Space limited. Sign up at

Member Services for attendance. Two classes per month with same project taught in both sessions.

*Watercolors with Mikayla

Join Art instructor, Mikayla, in the Miller Art Studio to learn to paint. Four classes per month with same project taught twice in a week. Sign up at Member Services for attendance.

Open Watercolors

New Program- Practice your painting skills. This is not an instructor let class. No sign up required.

*Afternoon Stroll

Join Janet at Schoen Place for a stroll on the canal, feed the ducks, or sit and have a gelato. Meet in the Parking lot next to the Coal Tower Restaurant at 12:15 pm (9 Schoen Place, Pittsford).