



# ADULT PROGRAMMING

THE THURSTON ROAD YMCA NEIGHBORHOOD CENTER | AUGUST 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1 10 am AOA Game Day
4 10 am Arts and Crafts	5	6 10 am FoodLink Food Truck	7	8 10 am AOA Game Day
11 10 am Arts and Crafts	12	13 10 am FoodLink Food Truck	14 1-4 pm Back to School Event	15 10 am AOA Game Day
18 10 am Arts and Crafts	19	20 10 am FoodLink Food Truck	21	22 10 am AOA Game Day  10 am-2 pm *Salute to Seniors
25 10 am Arts and Crafts	26 11 am to 4 pm *Seabreeze Trip AOA/Youth	27 10 am FoodLink Food Truck	28	29 10 am End of Summer Picnic

Please email [Shanique.Davis@RochesterYMCA.org](mailto:Shanique.Davis@RochesterYMCA.org) with any questions, concerns, or talents!

\*Notes registration is required.

Join the Active Older Adults at the  
YMCA of Greater Rochester  
Facebook Group!  
Scan the QR code:

