



ADULT PROGRAMMING

THURSTON ROAD YMCA NEIGHBORHOOD CENTER | NOVEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 10 am AOA Arts and Crafts	4	5 10:30-11:15 am Foodlink Curbside Market 10:45 am AOA Fall Craft	6	7 10:30 am AOA Game Day
10 10 am AOA Arts and Crafts	11	12 10:30-11:15 am Foodlink Curbside Market 10:45 am AOA Fall Craft	13	14 10:30 am AOA Game Day
17 10 am AOA Arts and Crafts	18	19 10:30-11:15 am Foodlink Curbside Market 10:45 am AOA Fall Craft	20	21 10:30 am AOA Game Day
24 10 am AOA Arts and Crafts	25 4-6 pm Community Giveaway	26 10:30-11:15 am Foodlink Curbside Market	27 HAPPY THANKSGIVING! Branch closed	28 10:30 am AOA Birthday Celebration

Please email shanique.davis@RochesterYMCA.org with any questions, concerns, or talents!

*Notes registration is required.

Join the Active Older Adults at the
YMCA of Greater Rochester
Facebook Group!
Scan the QR code:





EVENT DESCRIPTIONS

Community Giveaway

We have received a generous donation of clothes and we are giving it back to the community. We will give away men, women's and children clothing and hygiene supplies to the community. We will also use this time to distribute RGE Energy Kits and Thanksgiving Baskets! First come first served.

Arts & Crafts

Unleash your creativity and enjoy a relaxing time crafting together! Whether you're a beginner or experienced crafter, this is a great way to express yourself, learn new techniques and connect with others in a fun and supportive setting. Bring your imagination!

Fall Craft

Celebrate the beauty of the season with a special fall-themed craft! Join us as we create something festive to take home and enjoy. It's the perfect opportunity to get into the autumn spirit, share ideas and spend time with friends.

Game Day

Let the games begin! Join us for an afternoon of friendly competition and laughter as we play a variety of classic and modern games. Whether you prefer cards, board games, or group challenges, there's something for everyone!

AOA Birthday Celebration

We love celebrating you! Join us as we honor all our members with birthdays this month. Enjoy light refreshments, music, and great company as we celebrate another year of friendship, health, and happiness together.