



ACTIVE OLDER ADULT PROGRAMMING

SANDS FAMILY YMCA | DECEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 10 am Beginner Mahjong - Community Room 12:30 pm Christmas Tree Decorating	2 10 am to Noon Maker's Space - Innovation Station Noon Euchre - Community Room	3 10 am Beginner Euchre - Community Room Noon Mahjong - Community Room	4 10 am *Craft: Beaded Star Ornament - Community Room Noon Euchre - Community Room	5 12:30-2 pm *First Friday Senior Bingo 2 pm Pitch - Community Room
8 10 am Beginner Mahjong - Community Room 12:30 pm Mexican Dominos - Community Room	9 Noon Euchre - Community Room	10 Noon Mahjong - Community Room	11 Noon Euchre - Community Room	12 2 pm Pitch - Community Room 4:30 pm *Candy Cane Wreaths - Community Room
15 10 am Beginner Mahjong - Community Room 12:30 pm *Craft - Gingerbread House	16 10 am to Noon Maker's Space - Innovation Station Noon Euchre - Community Room	17 10 am Beginner Euchre - Community Room Noon Mahjong Holiday Party! - Community Room	18 10 am *Alzheimer's Presentation: Programs & Services Overview Noon Euchre Holiday Party - Community Room	19 12:30 pm *12 Month Home Project - Community Room 2 pm Pitch - Community Room
22 10 am Beginner Mahjong - Community Room 12:30 pm Book Club: By Any Other Name by Jody Picoult - Community Room	23 Noon Euchre - Community Room	24 Christmas Eve Branch Hours 5:30 am-2 pm	25 MERRY CHRISTMAS! Branch Closed	26 10 am Mahjong - Community Room Noon Euchre - Community Room
29 10 am Beginner Mahjong - Community Room 12:30 pm AOA Knitting, Crochet & Handcrafts Club	30 10 am *Crossroads Chiropractic: General Care Presentation - Community Room Noon Euchre - Community Room	31 New Years Eve Branch Hours 5:30 am-2 pm 11 am Mahjong - Community Room		

Please email Sandi.Heacock@RochesterYMCA.org
with any questions, concerns, or talents!
*Notes registration is required.

Join the Active Older Adults at the
YMCA of Greater Rochester
Facebook Group!
Scan the QR code:

