



ADULT PROGRAMMING

THURSTON ROAD YMCA NEIGHBORHOOD CENTER | JANUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Happy New Year! Branch Hours 10 am-2 pm	2 10 am AOA Game Day
5	6	7 10:30-11:15 am Foodlink Curbside Market 10:30 am Arose Art Gallery	8	9 10 am AOA Game Day
12	13	14 10:30-11:15 am Foodlink Curbside Market 10:30 am Winter Craft	15	16 10 am AOA Game Day
19 10:30 am Arose Art Gallery	20	21 10:30-11:15 am Foodlink Curbside Market	22	23 10 am AOA Game Day
26	27	28 10:30-11:15 am Foodlink Curbside Market	29	30 10 am AOA Game Day

Please email shanique.davis@RochesterYMCA.org
with any questions, concerns, or talents!
*Notes registration is required.

Join the Active Older Adults at the
YMCA of Greater Rochester
Facebook Group!
Scan the QR code:

