



ADULT PROGRAMMING

THURSTON ROAD YMCA NEIGHBORHOOD CENTER | MARCH 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

3

4

5

6

11 am-1 pm
Crochet with Netti

7-9 am
Workout with RPD

10 am
AOA Bingo Game Day

10:30-11:15 am
Foodlink Curbside Market

9

10

11

12

13

10:15 am
Arose Art Gallery

11 am-1 pm
Crochet with Netti

10:30-11:15 am
Foodlink Curbside Market

16

17

18

19

20

11 am-1 pm
Crochet with Netti

10:30-11:15 am
Foodlink Curbside Market

10 am
AOA Bingo Game Day

23

24

25

26

27

10:15 am
Arose Art Gallery

11 am-1 pm
Crochet with Netti

10 am
March AOA Birthday Celebrations

10:30-11:15 am
Foodlink Curbside Market

30

31

11 am-1 pm
Crochet with Netti

Please email Shanique.Davis@RochesterYMCA.org with any questions, concerns, or talents!

*Notes registration is required.

Join the Active Older Adults at the
YMCA of Greater Rochester
Facebook Group!
Scan the QR code:

