



ADULT PROGRAMMING

THURSTON ROAD NEIGHBORHOOD CENTER | MAY 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

4

5
11 am-1 pm
Crochet with Netti

6
7-9 am
Workout with a Cop

10:30-11:15 am
Foodlink Curbside Market

7

8
10 am
Arose Art Gallery
Painting W/ AOA

11

12
10-11:30 am
Hiking Group:
Mertensia Park

11 am-1 pm
Crochet with Netti

13
10:30-11:15 am
Foodlink Curbside Market

14

15

18

19
11 am-1 pm
Crochet with Netti

20
10:30-11:15 am
Foodlink Curbside Market

21
United Way
Day of Caring!

22
10 am
Arose Art Gallery
Painting W/ AOA

25
Happy Memorial Day!

Neighborhood Centers Closed

26
11 am-1 pm
Crochet with Netti

27
10:30-11:15 am
Foodlink Curbside Market

28

29
10 am
May AOA Birthday Celebrations

1-2:30 pm
Hiking Group:
Highland Park

Please email Jauvant.Tanksley@RochesterYMCA.org with any questions, concerns, or talents!
*Notes registration is required.

Join the Active Older Adults at the
YMCA of Greater Rochester
Facebook Group!
Scan the QR code:

