



AOA CELEBRATION 2026

SCHEDULE OF ACTIVITIES

TIME	ACTIVITY	LOCATION
9:30-9:50 am	Check in & Welcome from President & CEO Coffee, Tea, Water & Snack	Sun Shades Main Tent
ONGOING ACTIVITIES	10 am-1:30 pm	
	Zip Line	Zip line Tower
	Arts & Crafts (Paint A Wooden Door Hanger)	Main Tent
	Arts & Crafts (Tie-Dye)	Longhouse
	Cards, Games & Lawn Games	Main Tent
	Smoothie Bar (10-11:30 am)	Cabana
	Massages (10 am-1:45 pm)	Pavilion
	Pontoon Rides (10:30-11:45 am 12:15-1:15 pm)	Waterfront
	Rotate to Activities	
10-10:25 am	Zumba Gold - Laurie N. Trainer Tips (Balance) - Steve A. Seated Tap Dancing - Maria T. Nordic Walking - Charlotte J. & Nancy S.	Main Tent Longhouse Seneca Shelter Seneca Shelter
10:30-10:55 am	Zumba Gold - Laurie N. Feeling Fit - Sam R. SilverSneakers Classic - Cyndi W. Nordic Walking - Charlotte J. & Nancy S.	Main Tent Tuscarora Shelter Seneca Shelter Seneca Shelter
11-11:25 am	Line Dancing - Maria T. Feeling Fit - Sam R. Trainer Tips (Chair Stretches) - Steve A. Chair Pilates - Lisa C. Nordic Walking - Charlotte J. & Nancy S.	Main Tent Tuscarora Shelter Longhouse Seneca Shelter Seneca Shelter
11:30 am-12:15 pm	Lunch	Main Tent
12:20-12:40 pm	Guided Meditation - Lisa C.	Pool Deck
12:45-1:05 pm	Performance - Rochester Rhapsody	Main Tent
1:10-1:35 pm	Qigong - Joe L. SilverSneakers Chair Yoga - Sarah L.	Meadow Seneca Shelter
1:30-2 pm	Netsin's Ice Cream Trucks	Main Tent

AOA CELEBRATION 2026

KIDD CASTLE WAY

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BAY VIEW FAMILY BRANCH

A

B

C

E

H

I

J

D

F

G

FLAGPOLE TRAIL

NOHAWK TRAIL

SENECA TRAIL



KEY:

- A** Check In/Ice Cream Trucks
- B** Main Tent
- C** First Aid
- D** Shuttle Bus Pick Up to Bay
- E** Aquatic Center
- F** Pavillion
- G** Zip Line
- H** Seneca
- I** Tuscarora
- J** Longhouse



Map Not to Scale

YMCA

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