



YMCA Camp Cory

Day Camp Packing List

Disconnecting to Connect: Our Day Camp Electronics Policy

YMCA Camp Cory wholeheartedly believes in the immense benefits of disconnecting from electronics during the camp day, and we ask that campers leave their cell phones at home during their camp day.

Day camp offers a unique setting where campers can fully immerse themselves in a community entirely their own. This screen-free environment allows children to invest in face-to-face interactions with peers and positive role models who have the time to listen, talk, and engage genuinely. Suspending electronic interactions is vital for teaching essential social and emotional skills—from recognizing non-verbal cues to making social adjustments with new friends.

We know that campers thrive when they are fully present in the Camp Cory experience and empowered to navigate their day independently. While we understand the desire to stay connected, we encourage you to talk to your camper about sharing their adventures with you once they head home for the evening.

STAYING IN TOUCH

If you need to reach your camper or the camp leadership during the day, please use the following direct lines rather than calling or texting a camper's personal device:

- Kiara Ball, Day Camp Director Cell: 585-313-3876
- Blake Van Horn, Camp Director Direct: 585-341-3080
- Pat Foster, Executive Director Direct: 585-263-4241
- Health Office Main Number: 585-505-8012

PACKING TIPS & LOST AND FOUND

- Let your camper pack with you
- Label as much as you can
- Lost and found is kept for two weeks after the Saturday of your child's session. After that they are donated

SNACKS

While your camper will be provided with great meals in the dining hall and snacks in the afternoons, we do ask that campers leave snacks at home. If there is a strong need for specific snacks in your campers' belongings, please no snacks with common allergens including nuts (peanuts and tree nuts), eggs, and wheat.



YMCA Camp Cory

Day Camp Packing List

ESSENTIALS:

- Backpack
- Water bottle
- Sunscreen
- Lunch (if you did not register for lunches provided)
- Extra set of clothing (Shorts, shirt, underwear, and socks)
- Swimsuit
- Towel
- Sneakers (Closed toed shoes with backs are required for many camp activities)

OPTIONAL ITEMS:

- Hair care items (brush, hair ties, etc.)
- Feminine care products
- White item to tie-dye (on Friday)
- Hat
- Water shoes (crocs, sandals with back straps, etc.)
- Rain Gear, sweatshirt, or long sleeve (weather permitting)

PROHIBITED ITEMS:

- Money
- Items of high monetary value (Camp Cory is not responsible for lost or stolen items)
- Any device with wi-fi, 5G, or other internet capabilities (cell phones, tablets, iPads, smart watches, etc.)
- Pocket knives/lighters
- Medications (unless checked in to nurse with appropriate paperwork)
- Toys or games from home
- Anything you mind getting a little dirty
- Vapes, tobacco, alcohol, and drugs